

May 10, 2020

## Sunday of the Paralytic

**The Epistle Reading** is Acts 9:32-42. The Gospel Reading is John 5:1-15. These Readings may be found on pages 1266 and 1199 in the Holy Bible or on pages 48-50 in the Divine Liturgy Book.

**Today we remember *Fourth Sunday of the Paschal Season, the Paralytic***; Simon the Zealot, of the Twelve Apostles; Righteous Laurentios.

### The Altar Table Lamp is lit:

- Basil and Margo Lambros and family *in honor of* their mother, grandmother, and great-grandmother, Effie Bourdosis, *on the occasion of* her 101 birthday. May God continue to bless her and keep her well.

### The Vigil Lamp of the Iconostasion is lit:

- Father Lou, Parish Council and all Church Ministries are praying that the pandemic passes quickly and that everyone remains healthy & safe.

**The Altar Bread was prepared by:** Katholiki Trintis & Simone Volikas

**The Memorial Service** is being chanted today *in loving memory of* Alice Karangelen, who fell asleep in the Lord 40-days ago. May her memory be eternal.

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**For more information about the events listed in the bulletin, please look for literature on the Narthex Table or call the church office.**

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**Welcome:** If you are visiting Saint Demetrios today, we welcome you and thank you for worshipping with us. We pray that your visit here is uplifting. We invite you to fill out the welcome card that can be found at the pangari (candle stand) and to either return it to a Parish Council member or slip it under the Church Office door.

**Stewardship News:** We pray that you are well and safe! Thank you for your continued support of our beloved Saint Demetrios Church during these trying times! We pray that our church doors can be opened, and we can all pray together in our church! To date, we have received 72% of the 2020 Stewardship Pledge Cards. Thank you! We ask that all remaining pledge cards be submitted by May 15th. Please fill out the time and talent sections of the pledge card. We are reviewing the time and talent sections of the pledge cards and providing the information to the various church ministries and committees. Please mail your pledge card to the church office. We appreciate your continued support!

**Community Coffee Hour:** The fourth Sunday of every month will be designated as Community Coffee Hour. Please consider bringing baked good or healthy snacks for the community to share with their coffee. Thank you in advance for your donations.

**JOY Lock-In** (children 3<sup>rd</sup>-6<sup>th</sup> grade) changed to **May 29<sup>th</sup>, 6-11 pm**. Please RSVP to [kellymacdonnell@hotmail.com](mailto:kellymacdonnell@hotmail.com) or [srintis@hotmail.com](mailto:srintis@hotmail.com). Please include your child's name, address, age and emergency contact information & shirt size.

**Vacation Bible School:** Register today for the Rainforest Explorers Vacation Bible School! <https://vbspro.events/p/events/saintdemetrios20>. **June 22<sup>nd</sup>-26<sup>th</sup> ~ 9am to 12pm** Children 4 years to 5<sup>th</sup> grade. Volunteers must be a 6<sup>th</sup> grader or older. \$20 per child before **June 1<sup>st</sup>** \$25 after **June 1<sup>st</sup>**. Nut free snacks will be provided each day along with crafts, bible messages and tee-shirt per child. Email [kellymacdonnell@hotmail.com](mailto:kellymacdonnell@hotmail.com) for questions or help registering to participate/volunteer.

**Summer Internships available:** Have an intern to refer? Please direct them to apply at [www.boozallen.com/careers](http://www.boozallen.com/careers) using keyword "internship." We have an ongoing hiring process starting now and lasting through the spring. Our internships last from May/June - August and are generally 8-10 weeks in length. If they wish to find out more, please direct them to attend one of our upcoming webinars <http://www.boozallen.com/careers/recruiting-events> and of course socialize them within your network for maximum visibility!

**Caregiver Wellness Series: Cognitive Support.** Broadmead Center of Excellence Dementia Care invites you to join us for a Caregiver Wellness Series: Cognitive Support. This series will provide valuable information and support for those caring for a loved one with Alzheimer's disease or recently diagnosed cognitive impairment. Mark your calendar for **June 11<sup>th</sup> (Managing Caregiver Stress) & September 29<sup>th</sup> (Nutritional Strategies for Boosting Brain Health) from 3:30-5:00pm** to be held in the Hermes Rafailides Center. Pick up a flyer from the Narthex Table or contact Stacey Young at [syoung@broadmead.org](mailto:syoung@broadmead.org). RSVP online at <https://caregiverseries.eventbrite.com>

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## SCHOLARSHIP NEWS

**Scholarships:** Anyone interested in endowing an academic scholarship at Saint Demetrios, please contact Lou Triandafilou 410.528.1589 or [ltrianda28@gmail.com](mailto:ltrianda28@gmail.com) or the Church Office at [410.661.1090](tel:410.661.1090) x202 or [saintdemetriosmd@gmail.com](mailto:saintdemetriosmd@gmail.com).

**PLEASE NOTE:** If you have a 2.5 GPA or higher and wish to apply for a 2020 scholarship, application packets are now available on the table in the Church Narthex. A high school/college transcript, letter of acceptance, letter of good standing, and recommendations for the Parish Priest and two faculty members under whom you have studied must be included. **NO OTHER** letters of recommendation will be accepted. All applications must be post-marked, or hand delivered to the Church office by **Monday, May 25<sup>th</sup>, 2020**. Scholarship recipients will be determined by **July 1<sup>st</sup>, 2020** and scholarships will be presented after the Divine Liturgy on **Sunday, July 12<sup>th</sup>, 2020**. *If you would like to receive a scholarship packet emailed to you please leave the church office an email at: [saintdemetriosmd@gmail.com](mailto:saintdemetriosmd@gmail.com) and we will gladly mail you an application.* If any applicants are having issues with completing the application please feel free to contact Lou Triandafilou at 410.528.1589 or [Ltrianda28@gmail.com](mailto:Ltrianda28@gmail.com) and he will gladly assist you.

**Greek Orthodox Archdiocese of American:** Applications for scholarships administered by the Office of the Chancellor of the Greek Archdiocese of America are available for awards to be made for the 2020-2021 academic year. The deadline for submitting an application for any of these scholarships is **May 1<sup>st</sup>**. Applications can be accessed by visiting <https://www.goarch.org/-/scholarships>. For more information, please email [scholarships@goarch.org](mailto:scholarships@goarch.org) or call 212-774-0283.

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## KORITSIA

**GOT SNEAKERS FUNDRAISER:** Saint Demetrios has partnered with Got Sneakers, a sneaker recycling organization, which will compensate us \$1.00 for every wearable sneaker and 10¢ for every other type of shoe. Please drop off your "**SHOE DONATION**" under the Portico. Contact Simone Volikas at [srintis@hotmail.com](mailto:srintis@hotmail.com) for any further information of details.

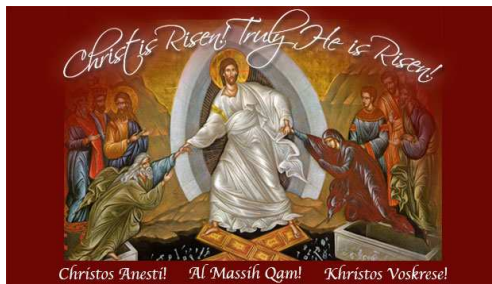
## PHILOPTOCHOS

**Philoptochos 2020 Membership ~ Please join us! Due to these unprecedented circumstances in social distancing and community shutdowns, collection for 2020 Philoptochos stewardship will continue until August 15<sup>th</sup>.** Philoptochos is group of friendly, hardworking ladies spreading love and joy to those in need of a helping hand, kind words of encouragement and smiles. Membership is open to all stewards of Saint Demetrios, 18 years of age and older. Membership is per calendar year and based on Stewardship donations. When considering your stewardship, please note Philoptochos is a National organization with over 26,000 members in 400 chapters. We are also members of the Metropolis of New Jersey Philoptochos with over 3,600 members and 43 chapters. \$23 of your donations will be applied to your National and your Metropolis membership, while the remainder will be used to support the various local charity projects ~ feeding the homeless (Beans & Bread), serving the community (Ronald McDonald House), student assistance at local schools. Payments accepted: Cash, Credit Card or PayPal [Philoptochos2504@gmail.com](mailto:Philoptochos2504@gmail.com) (Payments questions ~ Philoptochos Treasurer, Lisa Jones-Venetos, 443.621.6805). Membership ~ Elaine Sackleh, 410.472.3258 or Mary Triandafilou, 410.528.1589.

### **PHILOPTOCHOS IS ~ PHILANTHROPY ~ FELLOWSHIP ~ FAITH IN ACTION**

**CALLING ALL GRADUATES:** In **June (date TBD)** all graduates of the Saint Demetrios Community will be honored at Graduate Sunday. Philoptochos needs your help in reaching out to all our graduates (high school, college, graduate, and trade schools) to be included in the annual Graduate Sunday Program Booklet. Please have graduates you know fill out a biography form and submit it along with both a baby and senior photo for inclusion in this year's booklet. We don't want to miss recognizing any graduate. **May 15<sup>th</sup>** is the final day to submit information/photos to Maria Stamas at [colossalcare@gmail.com](mailto:colossalcare@gmail.com). If you have any questions or need a form emailed to you, please email or call Maria Stamas, 443-253-2561.

**Protecting Our Earth ~ Saint Demetrios new "Green Team":** Hardship and heartache are all products of the situation we are now in. But there is a lemons-to-lemonade benefit: Air pollution is amazingly down world-wide! With carbon emissions down as we all mostly stay at home we will all be healthier for it! With this in mind, it is time to continue to help our Earth heal. Everyone can play a part! The Parish Council has discussed starting a Saint Demetrios "Green Team" and we are looking for your ideas and your involvement. As soon as we are able to be together we again, we would like to convene a meeting of anyone interested in helping. We need to keep the momentum going. We have been given a head start to make our air, water, and earth cleaner and healthier. We hope to begin sponsoring environmental activities for everyone at our church. Please contact Mary Triandafilou at 410.528.1589 / [mtrianda28@gmail.com](mailto:mtrianda28@gmail.com) or Nicole Katsikides at 443.322.5752 / [nicolekatsikides@gmail.com](mailto:nicolekatsikides@gmail.com) with your questions and idea.



*If we could use only one word to describe **PASCHA**, it would be the word JOY.  
Christians rejoice in their Risen Lord.*

## STEWARDSHIP MESSAGE OF THE WEEK

### “TIME ~ TALENT ~ TREASURE”

In every Liturgy God brings words of eternal life through the Scripture readings and the sermon. Through the Sacrament of Communion, He comes to be born again and again in the shabby stables of our hearts. He is able to continue His forgiving, healing, liberating, transfiguring ministry through the Church.

Are you actively serving God, sharing Him with others? Do you worship regularly? Take a moment to evaluate your life considering these principles. We are called to apply our gifts, training, abilities, education and skills to the tasks that God places before us. If we do this humbly and prayerfully the body of Christ will function to its full potential.

## STEWARDSHIP STATISTICS

	Budget Commitment	Goal ~ Total Operating Budget *	Total Commitments to Date	Collections to Date	# of Stewards
<b>2019</b>	\$382,000	\$791,705	\$307,187	\$162,137	385
<b>2020</b>	\$380,000	\$682,704	\$281,878	\$155,513	336

*\*Our goal as Christian Stewards is to fund 100% of the Church operating budget\**

*Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. ~ [2 Corinthians 9:7](#)*

## UPCOMING EVENTS

May 15<sup>th</sup> ~ Graduate Sunday Forms Due  
(can be found on the homepage of our website: [stdemetriosmd.org](http://stdemetriosmd.org))  
May 25<sup>th</sup> ~ Scholarship Applications Due  
May 25<sup>th</sup> ~ Memorial Day  
May 28<sup>th</sup> ~ Holy Ascension Divine Liturgy at 9:00am  
May 29<sup>th</sup> ~ Joy Lock-In at 6:00pm