

March 29, 2020

## Sunday of Saint John Climacus

**The Epistle Reading** is Hebrews 6:13-20. The Gospel Reading is Mark 9:17-31. These Readings may be found on pages 1362 and 1190 in the Holy Bible or on pages 141-143 in the Divine Liturgy Book.

**Today we remember *St. Basil Liturgy*.** Fourth Sunday in Lent, commemorating John Climacus, author of “Steps of Virtue”: Mark, Bishop of Arethusion in Syria; Deacon Cyril, Jonah, and Barachios, Martyrs; Bishop Eustathios, Confessor.

### The Altar Table Lamp is lit:

- Father Lou, Parish Council and all Church Ministries are praying that the pandemic passes quickly and that everyone remains healthy & safe.

### The Vigil Lamp of the Iconostasion is lit:

- *For the health of* the entire Saint Demetrios Community.

**Flowers for the Virgin Mary:** The basket of flowers gracing the Icon of the Virgin Mary for the Salutations to the Theotokos was donated by Steve & Chrisoula Kucharski *for the health & welfare of* the Kakavas & Kucharski Families and *in loving memory of* Sotirios Mitilineos.

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**For more information about the events listed in the bulletin, please look for literature on the Narthex Table or call the church office.**

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**Welcome:** If you are visiting Saint Demetrios today, we welcome you and thank you for worshipping with us. We pray that your visit here is uplifting. We invite you to fill out the welcome card that can be found at the pangari (candle stand) and to either return it to a Parish Council member or slip it under the Church Office door.

**Salutations to the Virgin Mary:** Continuing this Friday **April 3rd**, we will be singing praises to the Virgin Mary with the *Akathist Hymn* beginning at 5:00pm via live streaming. This is a beautiful service, and all are encouraged to watch.

**Palm Making:** Please plan to join us on **Saturday, April 11<sup>th</sup>** directly after the Divine Liturgy (*Lazarus Saturday*), for Palm Making in the Hermes Rafailides Center. All are invited to attend, and lunch will be provided.

**Stewardship News:** Submission of 2020 Stewardship Pledge Cards ~ to date, we have received about 60% of the 2020 Stewardship Pledge Cards. Thank you! We ask that all pledge cards be submitted by **March 31<sup>st</sup>, 2020**. Pledge cards can be turned in at the Panagari on Sunday's or mailed to the church office. We appreciate your support during these trying times!

**Community Coffee Hour:** The fourth Sunday of every month will be designated as Community Coffee Hour. Please consider bringing baked good or healthy snacks for the community to share with their coffee. Thank you in advance for your donations.

**The Book and Knitting Club** will meet on **Tuesday, April 14<sup>th</sup>**, at 9:00am in the Library. The book of choice is *“The Daughter’s Tale”* by Armando Lucas Correa. All are welcomed whether you knit, crochet, sew or just want some good conversation.

**JOY Lock-In** (children 3<sup>rd</sup>-6<sup>th</sup> grade) changed to **May 29<sup>th</sup>, 6-11 pm**. Please RSVP to [kellymacdonnell@hotmail.com](mailto:kellymacdonnell@hotmail.com) or [srintis@hotmail.com](mailto:srintis@hotmail.com) Please include your child's name, address, age and emergency contact information & shirt size.

**Vacation Bible School:** Register today for the Rainforest Explorers Vacation Bible School! <https://vbspro.events/p/events/saintdemetrios20>. **June 22<sup>nd</sup>-26<sup>th</sup> ~ 9am to 12pm** Children 4 years to 5<sup>th</sup> grade. Volunteers must be a 6<sup>th</sup> grader or older. \$20 per child before **June 1<sup>st</sup>** \$25 after **June 1<sup>st</sup>**. Nut free snacks will be provided each day along with crafts, bible messages and tee-shirt per child. Email [kellymacdonnell@hotmail.com](mailto:kellymacdonnell@hotmail.com) for questions or help registering to participate/volunteer.

**Summer Internships available:** Have an intern to refer? Please direct them to apply at [www.boozallen.com/careers](http://www.boozallen.com/careers) using keyword "internship." We have an ongoing hiring process starting now and lasting through the spring. Our internships last from May/June - August and are generally 8-10 weeks in length. If they wish to find out more, please direct them to attend one of our upcoming webinars <http://www.boozallen.com/careers/recruiting-events> and of course socialize them within your network for maximum visibility!

**Hellenic Heritage Museum of Maryland, Inc. ~ Preserving Greek Culture to Inspire Future Generations:** HHMM initiated a book club in 2019 encouraging both men and women to join as discussion was opened on a variety of Greek and Greek American topics in English related to History, Travel, Fiction and Non-Fiction, Poetry and Culture. Sessions were hosted on the second Sunday of the month at the home of Helen Sarafidis beginning at 3:00pm. The readings and sessions for 2020 are as follows, **April 12<sup>th</sup>** ~ “Christ Is Restored” by Nikos Kazantzakis and **May 10<sup>th</sup>** ~ “The Greek Drama” by Diana Agelopoulos.

**Caregiver Wellness Series: Cognitive Support.** Broadmead Center of Excellence Dementia Care invites you to join us for a Caregiver Wellness Series: Cognitive Support. This series will provide valuable information and support for those caring for a loved one with Alzheimer's disease or recently diagnosed cognitive impairment. Mark your calendar for **April 14<sup>th</sup> (Brain Health & Wellness), June 11<sup>th</sup> (Managing Caregiver Stress) & September 29<sup>th</sup> (Nutritional Strategies for Boosting Brain Health) from 3:30-5:00pm** to be held in the Hermes Rafailides Center. Pick up a flyer from the Narthex Table or contact Stacey Young at [syoung@broadmead.org](mailto:syoung@broadmead.org). RSVP online at <https://caregiverseries.eventbrite.com>

**Life- Line Screening** is coming to Saint Demetrios on **Thursday, April 9<sup>th</sup>, 2020**. Take a step toward staying Healthy & Active ~ do more for your cardiovascular health. Our advanced ultrasound technology looks inside your arteries for signs of plaque buildup. Pre-registration is required, to register for your appointment please call 1-888-653-6450 or visit [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners). Flyers are on the Narthex Table.

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**Letter from Father Lou:** I pray that all is well with you and your family and you are managing with faith and love through this difficult time! It is imperative that you continue to keep all in your prayers! Please stay connected with our beloved Saint Demetrios Church through the live streaming of our Divine Services. We will be streaming our Divine Services through Facebook. You don't have to be a subscriber to Facebook to log on: <https://www.facebook.com/SaintDemetriosBaltimore/>. The Pre-Sanctified Divine Liturgies will be on Wednesday evenings at 5:00pm. The Salutations to the Virgin Mary will take place on Friday evenings at 5:00pm. The Divine Liturgies will take place on Sunday mornings beginning with Orthros at 8:45am and Divine Liturgy at 10:00am. It is also important that, respectively, you continue your support of our beloved Saint Demetrios through your stewardship. Thank you for your continued love and we pray that we can all come back to our church real soon.

## SCHOLARSHIP NEWS

**Scholarships:** Anyone interested in endowing an academic scholarship at Saint Demetrios, please contact Lou Triandafilou 410.528.1589 or [triana28@gmail.com](mailto:triana28@gmail.com) or the Church Office at [410.661.1090](tel:410.661.1090) x202 or [saintdemetriosmd@gmail.com](mailto:saintdemetriosmd@gmail.com).

**PLEASE NOTE:** If you have a 2.5 GPA or higher and wish to apply for a 2020 scholarship, application packets are now available on the table in the Church Narthex. A high school/college transcript, letter of acceptance, letter of good standing, and recommendations for the Parish Priest and two faculty members under whom you have studied must be included. **NO OTHER** letters of recommendation will be accepted. All applications must be post-marked, or hand delivered to the Church office by **Monday, May 25<sup>th</sup>, 2020**. Scholarship recipients will be determined by **July 1<sup>st</sup>, 2020** and scholarships will be presented after the Divine Liturgy on **Sunday, July 12<sup>th</sup>, 2020**. If you have any questions, please call the Church office, or contact Lou Triandafilou. *If you would like to receive a scholarship packet emailed to you please leave the church office an email at: [saintdemetriosmd@gmail.com](mailto:saintdemetriosmd@gmail.com)*

**Greek Orthodox Archdiocese of American:** Applications for scholarships administered by the Office of the Chancellor of the Greek Archdiocese of America are available for awards to be made for the 2020-2021 academic year. The deadline for submitting an application for any of these scholarships is **May 1<sup>st</sup>**. Applications can be accessed by visiting <https://www.goarch.org/-/scholarships>. For more information, please email [scholarships@goarch.org](mailto:scholarships@goarch.org) or call 212-774-0283.

## PHILOPTOCHOS

**Philoptochos 2020 Membership:** Philoptochos 2020 Membership ~ As we renew our commitment to the Orthodox faith during this Lenten season, this is the perfect time to consider a stewardship commitment to Philoptochos philanthropy. Please join us! Philoptochos is a group of friendly, hardworking ladies spreading love and joy to those in need of a helping hand, kind words of encouragement and smiles. Membership is open to all stewards of Saint Demetrios, 18 yrs. of age and older. Membership is per calendar year and based on Stewardship donations. When considering your stewardship, please note Philoptochos is a National organization with over 26,000 members in 400 chapters. We are also members of the Metropolis of New Jersey Philoptochos with over 3,600 members and 43 chapters. \$23 of your donations will be applied to your National and your Metropolis membership, while the remainder will be used to support the various local charity projects such as feeding the homeless through Beans & Bread, serving the community at the Ronald McDonald House, and providing student assistance at local schools. Membership accepted January to April: check, cash, PayPal [Philoptochos2504@gmail.com](mailto:Philoptochos2504@gmail.com), or to pay by credit card, contact Philoptochos Treasurer, Lisa Jones-Venetos, 443.621.6805. Membership Forms available at the Narthex Table. Return to Philoptochos Membership, Elaine Sackleh, 410.472.3458 or Mary Triandafilou 410.528.1589.

**Bingo: May 8<sup>th</sup>:** Come join us for one of Philoptochos' biggest fundraising event and fun filled evening at our Big Fat Greek Bingo on **May 8<sup>th</sup>, 2020** at the Hermes Rafailides center. We have Michael Kors, Coach, Tory Burch bags, man gifts, sporting events and many door prizes. Tickets are \$20 in advance and \$25 at the door. We will be selling tickets downstairs during coffee hour every Sunday until the event or call Mary Tsakiris 410-245-1291

## STEWARDSHIP MESSAGE OF THE WEEK

### “TIME ~ TALENT ~ TREASURE”

In every Liturgy God brings words of eternal life through the Scripture readings and the sermon. Through the Sacrament of Communion, He comes to be born again and again in the shabby stables of our hearts. He is able to continue His forgiving, healing, liberating, transfiguring ministry through the Church.

Are you actively serving God, sharing Him with others? Do you worship regularly? Take a moment to evaluate your life considering these principles. We are called to apply our gifts, training, abilities, education and skills to the tasks that God places before us. If we do this humbly and prayerfully the body of Christ will function to its full potential.

## STEWARDSHIP STATISTICS

	Budget Commitment	Goal ~ Total Operating Budget *	Total Commitments to Date	Collections to Date	# of Stewards
2019	\$382,000	\$791,705	\$277,765	\$110,472	327
2020	\$380,000	\$682,704	\$259,939	\$114,179	290

*\*Our goal as Christian Stewards is to fund 100% of the Church operating budget\**

## WEEKLY SCHEDULE

<b>Wednesday, April 1<sup>st</sup></b> <i>Pre-Sanctified Liturgy, 5:00pm (live streaming)</i>	<b>Friday, April 3<sup>rd</sup></b> <i>Akathyst Hymn, 5:00pm (live streaming)</i>	<b>Sunday, April 5<sup>th</sup></b> <i>Sunday of Saint Mary of Egypt Orthros, 8:45 am Divine Liturgy, 10:00am (Orthros &amp; Divine Liturgy will be available via live streaming)</i>
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## UPCOMING EVENTS

*Pre-Sanctified Liturgy ~ April 1<sup>st</sup> at 5:00pm (via live streaming)*  
*Akathyst Hymn ~ April 3<sup>rd</sup> at 5:00pm (via live streaming)*

## KORITSIA

**GOT SNEAKERS FUNDRAISER:** Saint Demetrios has partnered with Got Sneakers, a sneaker recycling organization, which will compensate us \$1.00 for every wearable sneaker and 10¢ for every other type of shoe. Please drop off your shoes in the bin marked “*SHOE DONATION*” in the hall by the ladies' room. Contact Simone Volikas at [srintis@hotmail.com](mailto:srintis@hotmail.com) for any further information of details. Please feel free to drop off any shoe donation under the Portico.