

March 15, 2020

Sunday of St. Gregory Palamas

The Epistle Reading is Hebrews 1:10-2:3. The Gospel Reading is Mark 2:1-12. These Readings may be found on pages 1359 and 1188 in the Holy Bible or on pages 138-139 in the Divine Liturgy Book.

Today we remember St. Basil Liturgy. Second Sunday in Lent, Commemorating St. Gregory of Palamas, Archbishop of Thessalonika; Agapios, Plesios, Romylos, and Timolas, Martyrs; Aristoboulos of the 70 Apostles, Bishop of Britannia; Manouel of Crete and Parthenios, Neomartyrs: Nikandros of Egypt.

The Altar Table Lamp is lit:

- Cathy Xanthakos *in loving memory of* her mother, Cleo Xanthakos, who fell asleep in the Lord 6 years ago. May her memory be eternal.

The Vigil Lamp of the Iconostasion is lit:

- Sam & Mary Karavedas & Family *in honor of* their granddaughter, niece & cousin, Aristeia "Tea" Matos, on the occasion of her 19th birthday.
- Basil & Margo Lambros & Family & Effie Bourdosis *in loving memory of* husband, father, grandfather & great-grandfather, Nicholas Bourdosis, who fell asleep in the Lord 25 years ago. May his memory be eternal.

The Altar Bread was prepared by Maria Andreyev & Georgia Kerasiotes

Coffee Hour: There will **NOT** be a coffee hour today. Please join us in the Hermes Rafailides Center for the Pre-School Pancake Breakfast at 9:00am for school and enjoy a hearty breakfast.

Flowers for the Virgin Mary: The basket of flowers gracing the Icon of the Virgin Mary for the Salutations to the Theotokos was donated by Mr. & Mrs. Demetrios Makres & Family *in loving memory of* James & Sevasti Makres and John & Olga Livanion.

For more information about the events listed in the bulletin, please look for literature on the Narthex Table or call the church office.

Welcome: If you are visiting Saint Demetrios today, we welcome you and thank you for worshipping with us. We pray that your visit here is uplifting. We invite you to fill out the welcome card that can be found at the pangari (candle stand) and to either return it to a Parish Council member or slip it under the Church Office door.

Orthodox Studies: A wonderful opportunity to learn about your Orthodox Faith!! Join us this **Friday, March 20th**, at 9:30am in the boardroom. Please note that if Baltimore County Public schools are closed or delayed due to weather we will be cancelled. For more information contact Kate Cocoros at 443-564-6618.

Holy Week Books: Holy Week Books are available to purchase for \$30.00 each. Please stop by the Church office or see a Parish Council member on Sunday.

Salutations to the Virgin Mary: Continuing this Friday **March 20th**, we will be singing praises to the Virgin Mary at the *Salutations to the Virgin Mary Service* beginning at 7:00pm in the Church. *Salutations to the Virgin Mary* will continue each Friday until the fifth and final Friday Service, the *Akathist Hymn*, that will be held on **April 3rd**. These are beautiful services, and all are encouraged to attend.

Palm Making: Please plan to join us on **Saturday, April 11th** directly after the Divine Liturgy (*Lazarus Saturday*), for Palm Making in the Hermes Rafailides Center. All are invited to attend, and lunch will be provided.

Stewardship News: Submission of 2020 Stewardship Pledge Cards ~ to date, we have received about 50% of the 2020 Stewardship Pledge Cards. We ask that all pledge cards be submitted by **March 31st, 2020**. Pledge cards can be turned in at the Panagari on Sunday's or mailed to the church office. We appreciate your help.

The Orthodox Christian Way: The third session of the Orthodox Christian Way will take place in our Hermes Rafailides Center on **Tuesday, March 17th**. Fr. John Kucharski will present "*Monasteries and Monastics*" ~ *A look into the history and lifestyle of these special Orthodox Christians*. We will begin as usual with a light supper followed by the presentation at 7:00pm. Registration will take place during coffee hour today.

Community Coffee Hour: The fourth Sunday of every month will be designated as Community Coffee Hour. Please consider bringing baked good or healthy snacks for the community to share with their coffee. Thank you in advance for your donations.

50th Anniversary Recognition Sunday: As we progress into our 50th Anniversary year, we have a few more remaining ministries to honor for their hard work and accomplishments over the past five decades. On **Sunday, March 22nd, 2020**, we will hold another Recognition Sunday to honor 50 Years of Stewardship. If you or someone you know have been involved with the Stewardship Committee, please join us on this special day. We will take a picture of our Stewardship Chairpersons throughout the years and then, we will do a group photo of all committee members for inclusion in our 50th Anniversary Commemorative Album.

50th Anniversary T-Shirts: 50th Anniversary t-shirts are on sale for \$12.00 each. Shirts range in sizes from small to 2XL. Please see Stephanie Christ to purchase one or email her at stephane2twins@yahoo.com.

GOYA: Will be collecting 1st aid essentials for the needy and homeless for the month of March. Please place your donations in the boxes located in the Narthex or outside our Hermes Rafailides Center.

Library News: The second Sunday of Lent is the Sunday of Saint Gregory of Palamas Archbishop of Thessaloniki and Wonderworker. The feast day of Saint Gregory Palamas is **November 14th**. He is commemorated today because of the condemnation of his enemies and the vindication of his teachings by the Church in the 14th century. You can read about Saint Gregory and many of our other Saints by visiting our Library. We have many books of prayer, Lenten cookbooks and vegetarian cookbooks. Come see what we have to offer. Don't forget to stop by the Library and Guess How Many Jellybeans are in the jar. If you guess the correct number of jellybeans you will win a prize. Contest ends on **March 29, 2020**. Don't have time to visit the Library, no problem we have the Little Library right next to the mailbox. You just take a book and replace it with one or yours. Don't have a book to give, no problem we have many to spare.

The Book and Knitting Club will meet on **Tuesday, April 14th**, at 9:00am in the Library. The book of choice is "*The Daughter's Tale*" by Armando Lucas Correa. All are welcomed whether you knit, crochet, sew or just want some good conversation.

Demetrakia Dance Troupe: The 2020 dance troupe will have practice today, **Sunday, March 15th**. Dance is free for all parishioners and children, ages 4 and up. Dancers who have not yet registered may do so at practice today. Contact Emily at ELiadakis@aol.com.

Dance Costumes of the Past: If you or any of your family or friends have Demetrakia dance costumes at home, please turn them into a dance teacher or contact Emily to coordinate a pick-up time (ELiadakis@aol.com or 443.838.1248). Any and all pieces, in any condition, from any time period, will be happily accepted, no questions asked. Thank you!

JOY Lock-In (children 3rd-6th grade) changed to **May 29th, 6-11 pm**. Please RSVP to kellymacdonnell@hotmail.com or srintis@hotmail.com. Please include your child's name, address, age and emergency contact information & shirt size.

Youth Service Project is still scheduled for **May 1st, 2020, 10:00am**. All children and adults are invited to attend the assemble items for Happy Holidays at the Hermes Rafailides Center. To sign up please visit <https://www.signupgenius.com/go/2ca5f58-joydonation> for items to donate. Dinner will be provided.

CANCELLED

Vacation Bible School: Register today for the Rainforest Explorers Vacation Bible School! <https://vbspro.events/p/events/saintdemetrios20>. **June 22nd-26th ~ 9am to 12pm** Children 4 years to 5th grade. Volunteers must be a 6th grader or older. \$20 per child before **June 1st** \$25 after **June 1st**. Nut free snacks will be provided each day along with crafts, bible messages and tee-shirt per child. Email kellymacdonnell@hotmail.com for questions or help registering to participate/volunteer.

Call for Play Producer: This call is placed in consideration of all Parish members and their talents to ensure the longevity of our long-standing Suburban Players Production. You can be an instrumental partner in bringing the 2021 play to fruition in the producer role. If interested, please contact the church office at 410.661.1090 ext. 202 or saintdemetriosmd@gmail.com.

Summer Internships available: Have an intern to refer? Please direct them to apply at www.boozallen.com/careers using keyword "internship." We have an ongoing hiring process starting now and lasting through the spring. Our internships last from May/June - August and are generally 8-10 weeks in length. If they wish to find out more, please direct them to attend one of our upcoming webinars <http://www.boozallen.com/careers/recruiting-events> and of course socialize them within your network for maximum visibility!

Greek Independence Day Parade: Join us for the Maryland Greek Independence Day Parade on **Sunday, March 29th, 2020, at 2:00pm** in Baltimore's Historic Greektown. The parade features dance groups in ethnic costumes, children groups, and Orthodox Clergy from the Baltimore-Washington area. The parade route proceeds from Haven Street, up Eastern Avenue, turns right onto Ponca Street and ends two blocks past Saint Nicholas Greek Orthodox Church on Fait Avenue. We encourage all groups who would like to participate in our parade to register on-line at www.greekparade.com. For more information, call the Parade Hotline at 443-267-4735, email us at info@greekparade.com.

Hellenic Heritage Museum of Maryland, Inc. ~ Preserving Greek Culture to Inspire Future Generations: HHMM initiated a book club in 2019 encouraging both men and women to join as discussion was opened on a variety of Greek and Greek American topics in English related to History, Travel, Fiction and Non-Fiction, Poetry and Culture. Sessions were hosted on the second Sunday of the month at the home of Helen Sarafidis beginning at 3:00pm. The readings and sessions for 2020 are as follows, **April 12th** ~ "Christ Is Restored" by Nikos Kazantzakis and **May 10th** ~ "The Greek Drama" by Diana Agelopoulos.

Caregiver Wellness Series: Cognitive Support. Broadmead Center of Excellence Dementia Care invites you to join us for a Caregiver Wellness Series: Cognitive Support. This series will provide valuable information and support for those caring for a loved one with Alzheimer's disease or recently diagnosed cognitive impairment. Mark your calendar for **April 14th (Brain Health & Wellness), June 11th (Managing Caregiver Stress) & September 29th (Nutritional Strategies for Boosting Brain Health) from 3:30-5:00pm** to be held in the Hermes Rafailides Center. Pick up a flyer from the Narthex Table or contact Stacey Young at syoung@broadmead.org. RSVP online at <https://caregiverseries.eventbrite.com>

Life- Line Screening is coming to Saint Demetrios on **Thursday, April 9th, 2020**. Take a step toward staying Healthy & Active ~ do more for your cardiovascular health. Our advanced ultrasound technology looks inside your arteries for signs of plaque buildup. Pre-registration is required, to register for your appointment please call 1-888-653-6450 or visit www.lifelinescreening.com/community-partners. Flyers are on the Narthex Table.

KORITSIA

GOT SNEAKERS FUNDRAISER: Saint Demetrios has partnered with Got Sneakers, a sneaker recycling organization, which will compensate us \$1.00 for every wearable sneaker and 10¢ for every other type of shoe. Please drop off your shoes in the bin marked "**SHOE DONATION**" in the hall by the ladies' room. Contact Simone Volikas at srintis@hotmail.com for any further information of details.

What is a Greek Holiday without a Lamb or Goat on a Spit!! Well have no fear the Koritsia have found a local farm that will sell you all sorts of fresh meat. They are in Sparks, Maryland and they cut it just the way you wish for it to be prepared. Give them a call anytime. Boshoff Farm will donate 10% of all sales back to our Saint Demetrios Church. You do not need to wait for Easter to get your lamb on a spit, you can do it now!! Talk to Jan about customizing your meat order! You can visit his farm and choose your exact meat!! Contact Jan Boshoff at 443.904.7171 or jhboshoff@gmail.com.

Scout Bag Fundraiser: Parishioners will receive a parish wide email in May that will give them a special code to get 10% off any Scout Bag from their website from **May 6th - 17th, 2020**. Our church will receive a percentage of the profit. Orders must be placed using the special code and during the specified time frame.

PRE-SCHOOL NEWS

Saint Demetrios Pre-School Gourmet Brunch will be held on **Sunday, March 15th ~ \$7.00 per person**. Menu includes pancakes, scrambled eggs, potatoes, fruit, juice/coffee. For more information please contact Betty at 410.661.1909 ext. 204. Please join us and help support our Pre-School.

Wine & Paint Night: Join us on **Thursday, March 12th** at the Saint Demetrios Hermes Rafailides Center. **\$40 per person** includes wine, paint, brushes, and easel with **unlimited** tastings. The amazing Antonio Valdez will be the artist. Reserve your spot today through PayPal (sdpaypal2504@yahoo.com) or call 410.661.1090 ext. 204 with any questions.

Family Movie Night, Bake Sale, and Exhibit will be held on **Friday, March 27th at 6:30pm** in the Hermes Rafailides Center. Bring your own dinner, drinks will be provided, and goodies will be available from our Bake Sale. Don't forget to come in your pajamas. Movie TBD. For more information please contact Betty at 410.661.1090 ext. 204.

SCHOLARSHIP NEWS

Scholarships: Anyone interested in endowing an academic scholarship at Saint Demetrios, please contact Lou Triandafilou 410.528.1589 or ltrianda28@gmail.com or the Church Office at [410.661.1090](tel:410.661.1090) x202 or saintdemetriosmd@gmail.com.

PLEASE NOTE: If you have a 2.5 GPA or higher and wish to apply for a 2020 scholarship, application packets are now available on the table in the Church Narthex. A high school/college transcript, letter of acceptance, letter of good standing, and recommendations for the Parish Priest and two faculty members under whom you have studied must be included. **NO OTHER** letters of recommendation will be accepted. All applications must be post-marked, or hand delivered to the Church office by **Monday, May 25th, 2020**. Scholarship recipients will be determined by **July 1st, 2020** and scholarships will be presented after the Divine Liturgy on **Sunday, July 12th, 2020**. If you have any questions, please call the Church office, or contact Lou Triandafilou.

Greek Orthodox Archdiocese of American: Applications for scholarships administered by the Office of the Chancellor of the Greek Archdiocese of America are available for awards to be made for the 2020-2021 academic year. The deadline for submitting an application for any of these scholarships is **May 1st**. Applications can be accessed by visiting <https://www.goarch.org/-/scholarships>. For more information, please email scholarships@goarch.org or call 212-774-0283.

