

**March 8, 2020**

## **Sunday of Orthodoxy**

**The Epistle Reading** is Hebrews 11:24-26, 32-40. The Gospel Reading is John 1:43-52. These Readings may be found on pages 1367 and 1237 in the Holy Bible or on pages 136-137 in the Divine Liturgy Book.

**Today we remember *St. Basil Liturgy*.** First Sunday in Lent, Sunday of Orthodoxy: Triumph of the Icons; Theophylaktos, Bishop of Nikomedia; Hermes the Apostle; Paul the Confessor; Dometios the Righteous.

### **The Altar Table Lamp is lit:**

- Christopher & Helen Makres *in loving memory of* their parents, James & Sevasti Makres, and John & Olga Livanion, and their brothers, George & William Makres and Steve and his wife, Edith. May their memories be eternal.

### **The Vigil Lamp of the Iconostasion is lit:**

- Dora Koumides & Family *in loving memory of* husband, father & grandfather, Charalambos Koumides, who fell asleep in the Lord 1 year ago. May his memory be eternal.
- Panagiotis Kourtesis & Family *in loving memory of* wife, mother and grandmother, Voula Kourtesis, who fell asleep in the Lord 2 years ago. May her memory be eternal.
- Katina Mavrophilipos, Konstantinos & Toula Mavrophilipos and Dimitrios & Cindy Mavrophilipos and their families *in loving memory of* husband, father, grandfather and great grandfather, Ioannis D. Mavrophilipos, who fell asleep in the Lord 2 years ago. May his memory be eternal.
- Soterios Pappas & Family *in loving memory of* wife, mother and grandmother, Niki Pappas, who fell asleep in the Lord 3 years ago. May her memory be eternal.
- Sam, Mary & George Tsakiris *in loving memory of* father and grandfather, Pandelis Theodore, who fell asleep in the Lord 40 years ago. May his memory be eternal.
- Matthew & Christina Pandullo and family *in honor of* their daughter and sister, Zoe Gianna, on the occasion of her 40-day blessing. May God Bless and keep her in His care.
- Sophia Andreadakas *in honor of* her granddaughter, Zoe Gianna, on the occasion of her 40-day blessing.

**40-Day Blessing:** Mr. & Mrs. Matthew Pandullo will present their 3<sup>rd</sup> child, a daughter, for the traditional 40-day blessing. Please join me in prayer as we ask God to watch over and protect this family.

**The Memorial Service** is being chanted today *in loving memory of* Charalambos Koumides, who fell asleep in the Lord 1 year ago; Voula Kourtesis, who fell asleep in the Lord 2 years ago; Ioannis D. Mavrophilipos, who fell asleep in the Lord 2 years ago; Niki Pappas, who fell asleep in the Lord 3 years ago and Pandelis Theodore, who fell asleep in the Lord 40 years ago. May their memories be eternal.

**The Altar Bread was prepared by** our Anthi Papapavlou and Dimitra Psihopedas.

**Coffee Hour:** Coffee Hour is sponsored today *in loving memory* by the family of Charalambos Koumides. It will be served in our Hermes Rafailides Center.

**Flowers for the Virgin Mary:** The basket of flowers gracing the Icon of the Virgin Mary for the Salutations to the Theotokos was donated by The Pentikis Family *in loving memory of* Jim & Ellie Pentikis & Cleopatra Stamidis.

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**For more information about the events listed in the bulletin, please look for literature on the Narthex Table or call the church office.**

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**Orthodox Studies:** A wonderful opportunity to learn more about your Orthodox Faith!! Join us this **Friday, March 13<sup>th</sup>**, at 9:30am in the board room. Please be advised that if Baltimore County Public schools are closed or delayed due to weather we will not meet. For more info. contact Kate Cocoros at 443-564-6618.

**Holy Week Books:** Holy Week Books are available to purchase for \$30.00 each. Please stop by the Church office or see a Parish Council member on Sunday.

**Welcome:** If you are visiting Saint Demetrios today, we welcome you and thank you for worshipping with us. We pray that your visit here is uplifting. We invite you to fill out the welcome card that can be found at the pangari (candle stand) and to either return it to a Parish Council member or slip it under the Church Office door.

**Salutations to the Virgin Mary:** Continuing this Friday **March 13<sup>th</sup>**, we will be singing praises to the Virgin Mary at the *Salutations to the Virgin Mary Service* beginning at 7:00pm in the Church. *Salutations to the Virgin Mary* will continue each Friday until the fifth and final Friday Service, the *Akathist Hymn*, that will be held on **April 3<sup>rd</sup>**. These are beautiful services, and all are encouraged to attend.

**Stewardship News:** Submission of 2020 Stewardship Pledge Cards ~ to date, we have received about 50% of the 2020 Stewardship Pledge Cards. We ask that all pledge cards be submitted by **March 31<sup>st</sup>, 2020**. Pledge cards can be turned in at the Panagari on Sunday's or mailed to the church office. We appreciate your help.

**St. John Chrysostom Parish Level Oratorical Festival:** Saint John Chrysostom Parish Level Oratorical Festival will be held today **Sunday, March 8<sup>th</sup>**, following the Divine Liturgy, at approximately 12:30pm. There will be **NO** dance practice today.

**The Orthodox Christian Way:** The second session of the Orthodox Christian Way will take place in our Hermes Rafailides Center on **Tuesday, March 10<sup>th</sup>, 2020**. *Pastoral Assistant, Trevor Bullock & wife, Irene will present "Byzantine Music"*. We will begin as usual with a light supper at 6:15pm followed by the presentation at 7:00pm. Registration will take place during coffee hour today.

**50<sup>th</sup> Anniversary Recognition Sunday:** As we progress into our 50<sup>th</sup> Anniversary year, we have a few more remaining ministries to honor for their hard work and accomplishments over the past five decades. On **Sunday, March 22<sup>nd</sup>, 2020**, we will hold another Recognition Sunday to honor 50 Years of Stewardship. If you or someone you know have been involved with the Stewardship Committee, please plan to join us on this special day. We will take a picture of our Stewardship Chairpersons throughout the years and then, we will do a group photo of all committee members for inclusion in our 50<sup>th</sup> Anniversary Commemorative Album.

**50<sup>th</sup> Anniversary T-Shirts:** 50<sup>th</sup> Anniversary t-shirts are on sale for \$12.00 each. Shirts range in sizes from small to 2XL. Please see Stephanie Christ to purchase one or email her at [stephane2twins@yahoo.com](mailto:stephane2twins@yahoo.com).

**A Big Thank You:** We would like to thank our Saint Demetrios GOYA. Last **Sunday, March 1<sup>st</sup>** our GOYA presented to Saint Demetrios a check, in the amount of \$2,701.64, which will be applied towards the church mortgage. We would like to express our heartfelt and sincere thanks to our GOYA for stepping forward to help with our church finances.

**GOYA:** Will be collecting 1<sup>st</sup> aid essentials for the needy and homeless for the month of March. Please place your donations in the boxes located outside our Hermes Rafailides Center.

**Library News:** Today the Sunday of Orthodoxy, it is the first Sunday of Great Lent. The dominate theme today is the victory of the Icons. In 843 the iconoclastic controversy that raged on and off since 726 was finally laid to rest. Ever since this Sunday has been commemorated as the *"Triumph of Orthodoxy."* We have lots of books that explain our religion, books for Lent and prayer books to guide you through Lent. Stop by the Library and see what we have to offer. Don't forget to stop by the Library and Guess How Many Jellybeans are in the Jar. If you're right, you win a prize. Contest ends on **March 29, 2020**. Don't have time to visit the Library, no worries we have the Little Library right next to the mailbox. You just take a book and replace it with one of yours. Don't have a book to give, no problem we have many to spare.

**The Book and Knitting Club** will meet on **Tuesday, March 10<sup>th</sup>**, at 9:00am in the Library. The book of choice is *“The Nest”* by Cynthia D’Aprix Sweeney. All are welcomed whether you knit, crochet, sew or just want some good conversation.

**Demetrakia Dance Troupe:** The 2020 dance season will begin with practice on **Sunday, March 15<sup>th</sup>**. Dance is free for all parishioners and open to anyone interested, ages 4 and up. If you would like to register, please contact Emily at [ELiadakis@aol.com](mailto:ELiadakis@aol.com). It is important for dancers to be registered prior to the first practice in order to receive all pertinent information from their instructors.

**Dance Costumes of the Past:** If you or any of your family or friends have Demetrakia dance costumes at home, please turn them into a dance teacher or contact Emily to coordinate a pick-up time ([ELiadakis@aol.com](mailto:ELiadakis@aol.com) or 443.838.1248). Any and all pieces, in any condition, from any time period, will be happily accepted, no questions asked. Thank you!

**JOY Lock-In** (children 3<sup>rd</sup>-6<sup>th</sup> grade) changed to **May 29<sup>th</sup>, 6-11 pm**. Please RSVP to [kellymacdonnell@hotmail.com](mailto:kellymacdonnell@hotmail.com) or [srintis@hotmail.com](mailto:srintis@hotmail.com). Please include your child's name, address, age and emergency contact information & shirt size.

**Youth Service Project** is still scheduled for **March 20<sup>th</sup>, 6-8pm**. All children and adults are invited to attend the assemble items for Happy Helpers for the Homeless in the Hermes Rafailides Center. To sign up please visit <https://www.signupgenius.com/go/20f0c48a82ca5f58-joydonation> for items to donate. Dinner will be provided.

**Vacation Bible School:** Please save the date ~ **June 23<sup>rd</sup> – 26<sup>th</sup> from 9am to 12:00pm**. Children 4 years to 5<sup>th</sup> grade. Volunteers NEEDED! Set-Up **Monday, June 22<sup>nd</sup>**. \$20 per participant. For more information or to volunteer please email [kellymacdonnell@hotmail.com](mailto:kellymacdonnell@hotmail.com)

**Call for Play Producer:** This call is placed in consideration of all Parish members and their talents to ensure the longevity of our long-standing Suburban Players Production. You can be an instrumental partner in bringing the 2021 play to fruition in the producer role. If interested, please contact the church office at 410.661.1090 ext. 202 or [saintdemetriusmd@gmail.com](mailto:saintdemetriusmd@gmail.com).

**Summer Internships available:** Have an intern to refer? Please direct them to apply at [www.boozallen.com/careers](http://www.boozallen.com/careers) using keyword "internship." We have an ongoing hiring process starting now and lasting through the spring. Our internships last from May/June - August and are generally 8-10 weeks in length. If they wish to find out more, please direct them to attend one of our upcoming webinars <http://www.boozallen.com/careers/recruiting-events> and of course socialize them within your network for maximum visibility!

**Greek Independence Day Parade:** Join us for the Maryland Greek Independence Day Parade on **Sunday, March 29<sup>th</sup>, 2020, at 2:00pm** in Baltimore’s Historic Greektown. The parade features dance groups in ethnic costumes, children groups, and Orthodox Clergy from the Baltimore-Washington area. The parade route proceeds from Haven Street, up Eastern Avenue, turns right onto Ponca Street and ends two blocks past Saint Nicholas Greek Orthodox Church on Fait Avenue. We encourage all groups who would like to participate in our parade to register on-line at [www.greekparade.com](http://www.greekparade.com). For more information, call the Parade Hotline at 443-267-4735, email us at [info@greekparade.com](mailto:info@greekparade.com).

**Hellenic Heritage Museum of Maryland, Inc. ~ Preserving Greek Culture to Inspire Future Generations:** HHMM initiated a book club in 2019 encouraging both men and women to join as discussion was opened on a variety of Greek and Greek American topics in English related to History, Travel, Fiction and Non-Fiction, Poetry and Culture. Sessions were hosted on the second Sunday of the month at the home of Helen Sarafidis beginning at 3:00pm. The readings and sessions for 2020 are as follows **March 8<sup>th</sup>** ~ “The Hour of the Bell” by Harry Mark Petrakis, **April 12<sup>th</sup>** ~ “Christ Is Restored” by Nikos Kazantzakis and **May 10<sup>th</sup>** ~ “The Greek Drama” by Diana Agelopoulos.

**REGISTER TODAY** for the 26<sup>th</sup> Annual Nicholas Tsakalos Growing in Faith Retreat which will be held on **Saturday, March 21<sup>st</sup>, 2020**. The topic for the retreat is *“Authentic Christianity: Why young people are leaving the church and how we can inspire them to stay.”* For information, contact Jeanne Tsakalos, 410-252-6021 or via email at [Jeannetsakalos@hotmail.com](mailto:Jeannetsakalos@hotmail.com). The cost for the retreat is \$30.00, until **March 9<sup>th</sup>**. Our youth are invited to an evening with Rev. Andrew Stephen Damick and Steven Christoforou on **Friday, March 20<sup>th</sup>, 2020**. A light Lenten Meal and special roundtable discussion to follow. Registration packets can be found on the Narthex table.

**Caregiver Wellness Series: Cognitive Support.** Broadmead Center of Excellence Dementia Care invites you to join us for a Caregiver Wellness Series: Cognitive Support. This series will provide valuable information and support for those caring for a loved one with Alzheimer’s disease or recently diagnosed cognitive impairment. Mark your calendar for **April 14<sup>th</sup> (Brain Health & Wellness), June 11<sup>th</sup> (Managing Caregiver Stress) & September 29<sup>th</sup> (Nutritional Strategies for Boosting Brain Health) from 3:30-5:00pm** to be held in the Hermes Rafailides Center. Pick up a flyer from the Narthex Table or contact Stacey Young at [syoung@broadmead.org](mailto:syoung@broadmead.org). RSVP online at <https://caregiverseries.eventbrite.com>

**Life- Line Screening** is coming to Saint Demetrios on **Thursday, April 9<sup>th</sup>, 2020**. Take a step toward staying Healthy & Active ~ do more for your cardiovascular health. Our advanced ultrasound technology looks inside your arteries for signs of plaque buildup. Pre-registration is required, to register for your appointment please call 1-888-653-6450 or visit [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners). Flyers are on the Narthex Table.

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## KORITSIA

**GOT SNEAKERS FUNDRAISER: Back by popular demand . . .** Saint Demetrios has partnered with Got Sneakers, a sneaker recycling organization, which will compensate us \$1.00 for every wearable sneaker and 10¢ for every other type of shoe. Please drop off your shoes in the bin marked *“SHOE DONATION”* in the hall by the ladies’ room. Contact Simone Volikas at [srintis@hotmail.com](mailto:srintis@hotmail.com) for any further information of details.

**What is a Greek Holiday without a Lamb or Goat on a Spit!!** Well have no fear the Koritsia have found a local farm that will sell you all sorts of fresh meat. They are in Sparks, Maryland and they cut it just the way you wish for it to be prepared. Give them a call anytime. Boshoff Farm will donate 10% of all sales back to our Saint Demetrios Church. You do not need to wait for Easter to get your lamb on a spit, you can do it now!! Talk to Jan about customizing your meat order! You can visit his farm and choose your exact meat!! Contact Jan Boshoff at 443.904.7171 or [jhboshoff@gmail.com](mailto:jhboshoff@gmail.com).

**Scout Bag Fundraiser:** Parishioners will receive a parish wide email in May that will give them a special code to get 10% off any Scout Bag from their website from **May 6<sup>th</sup> - 17<sup>th</sup>, 2020**. Our church will receive a percentage of the profit. Orders must be placed using the special code and during the specified time frame.

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## PRE-SCHOOL NEWS

**Wine & Paint Night:** Join us on **Thursday, March 19<sup>th</sup> at 6:30pm** in the Saint Demetrios Hermes Rafailides Center. **\$40 per person** ~ includes canvas, snacks & wine glass with *unlimited* tastings. The amazing Antonio Valdez will guide you in creating a work of art. Reserve your spot today through PayPal ([sdpaypal2504@yahoo.com](mailto:sdpaypal2504@yahoo.com)). Contact Betty at 410.661.1090 ext. 204 with any questions.

**Saint Demetrios Pre-School Gourmet Brunch** will be held on **Sunday, March 15<sup>th</sup> ~ \$7.00 per person**. Menu includes pancakes, scrambled eggs, potatoes, fruit, juice/coffee. For more information please contact Betty at 410.661.1909 ext. 204. Please join us and help support our Pre-School.

**Family Movie Night, Bake Sale & Dinosaur Exhibit** will be held on **Friday, March 27<sup>th</sup> at 6:30pm** in the Hermes Rafailides Center. Bring your own dinner, drinks will be provided, and goodies will be available from our Bake Sale. Don’t forget to come in your pajamas. Movie TBD. For more information please contact Betty at 410.661.1090 ext. 204.

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## PHILOPTOCHOS

Our next General Meeting will be March 9<sup>th</sup> at 6:30pm

**Philoptochos 2020 Membership:** As we renew our commitment to the Orthodox faith during this Lenten season, this is the perfect time to consider a stewardship commitment to Philoptochos philanthropy. Please join us! Philoptochos is a group of friendly, hardworking ladies spreading love and joy to those in need of a helping hand, kind words of encouragement and smiles. Membership is open to all stewards of Saint Demetrios, 18 yrs. of age and older. Membership is per calendar year and based on Stewardship donations. When considering your stewardship, please note Philoptochos is a National organization with over 26,000 members in 400 chapters. We are also members of the Metropolis of New Jersey Philoptochos with over 3,600 members and 43 chapters. \$23 of your donations will be applied to your National and your Metropolis membership, while the remainder will be used to support the various local charity projects such as feeding the homeless through Beans & Bread, serving the community at the Ronald McDonald House, and providing student assistance at local schools. Membership accepted January-April: check, cash, PayPal [Philoptochos2504@gmail.com](mailto:Philoptochos2504@gmail.com), or to pay by credit card – contact Philoptochos Treasurer, Lisa Jones-Venetos, 443.621.6805. Membership Forms available at the Narthex Table. Return to Philoptochos Membership - Elaine Sackleh, 410.472.3458 or Mary Triantafillou 410.528.1589

**My Ladies Luncheon:** Functional Nutrition and Lifestyle Coach Cynthia Damaskos, will be joining us at our annual My Ladies Luncheon on March 22nd to show us a better way. She will speak/teach on being good stewards of our bodies and glorifying God with our lifestyles. She will get into the practicalities of nutrition and disease prevention, while spending some time with goal setting and time management skills. All through the lens of Christ! Luncheon following Divine Liturgy in the Hermès Rafailides Hall. Tickets - \$20.00, Discounted price for ages 16-20 - \$15.00. To reserve your space or for questions email or call Olga Garrish, [ogarrish@gmail.com](mailto:ogarrish@gmail.com) / 410-446-1059.

**Easter Bread Orders:** **March 15<sup>th</sup>** ~ Dottie Ganer will begin taking Easter Bread orders during Coffee hour. Price per bread ~ \$10.00 each 410.870.3372

**Bingo: May 8<sup>th</sup>:** Come join us for one of Philoptochos' biggest fundraising event and fun filled evening at our Big Fat Greek Bingo on May 8, 2020 at the Hermes Rafailides center. We have Michael Kors, Coach, Tory Burch bags, man gifts, sporting events and many door prizes. Tickets are \$20 in advance and \$25 at the door. We will be selling tickets downstairs during coffee hour every Sunday until the event or call Mary Tsakiris 410-245-1291.

## SCHOLARSHIP NEWS

**Scholarships:** Anyone interested in endowing an academic scholarship at Saint Demetrios, please contact Lou Triandafilou 410.528.1589 or [trianda28@gmail.com](mailto:trianda28@gmail.com) or the Church Office at [410.661.1090](tel:410.661.1090) x202 or [saintdemetriosmd@gmail.com](mailto:saintdemetriosmd@gmail.com).

**PLEASE NOTE:** If you have a 2.5 GPA or higher and wish to apply for a 2020 scholarship, application packets are now available on the table in the Church Narthex. A high school/college transcript, letter of acceptance, letter of good standing, and recommendations for the Parish Priest and two faculty members under whom you have studied must be included. **NO OTHER** letters of recommendation will be accepted.

All applications must be post-marked, or hand delivered to the Church office by **Monday, May 25<sup>th</sup>, 2020**. Scholarship recipients will be determined by **July 1<sup>st</sup>, 2020** and scholarships will be presented after the Divine Liturgy on **Sunday, July 12<sup>th</sup>, 2020**. If you have any questions, please call the Church office, or contact Lou Triandafilou.

## STEWARDSHIP MESSAGE OF THE WEEK

### “TIME ~ TALENT ~ TREASURE”

In every Liturgy God brings words of eternal life through the Scripture readings and the sermon. Through the Sacrament of Communion, He comes to be born again and again in the shabby stables of our hearts. He is able to continue His forgiving, healing, liberating, transfiguring ministry through the Church.

Are you actively serving God, sharing Him with others? Do you worship regularly? Take a moment to evaluate your life considering these principles. We are called to apply our gifts, training, abilities, education and skills to the tasks that God places before us. If we do this humbly and prayerfully the body of Christ will function to its full potential.

## STEWARDSHIP STATISTICS

	<b>Budget Commitment</b>	<b>Goal ~ Total Operating Budget *</b>	<b>Total Commitments to Date</b>	<b>Collections to Date</b>	<b># of Stewards</b>
<b>2019</b>	\$382,000	\$791,705	\$265,565	\$87,891	305
<b>2020</b>	\$380,000	\$682,704	\$248,445	\$92,922	264

*\*Our goal as Christian Stewards is to fund 100% of the Church operating budget\**

## WEEKLY SCHEDULE

<p><b><u>Monday, March 9<sup>th</sup></u></b> Pre-School, 8:45am (C) Greek School, 4:30pm (C) Philoptochos General Mtg., 6:30pm (P)</p> <p><b><u>Tuesday, March 10<sup>th</sup></u></b> Pre-School, 8:45am (C) Book/Knitting Club, 9:00am (L) The Way, 6:15pm (H/G)</p>	<p><b><u>Wednesday, March 11<sup>th</sup></u></b> Pre-School, 8:45am (C) Greek School, 4:30pm (C) <b>Pre-Sanctified Liturgy, 6:00pm</b> GOYA Basketball, 7:00pm (H/G)</p> <p><b><u>Thursday, March 12<sup>th</sup></u></b> Pre-School, 8:45am (C) Adult Choir, 7:00pm (M) Men's Basketball 6:00pm(H/G)</p> <p><b><u>Friday, March 13<sup>th</sup></u></b> Pre-School, 8:45am (C) Orthodox Studies, 9:30am (B) <b>2<sup>nd</sup> Salutations to the Virgin Mary, 7:00pm</b></p>	<p><b><u>Saturday, March 14<sup>th</sup></u></b> <b>FDF Workshop, 9:00am (H/G)</b></p> <p><b><u>Sunday, March 15<sup>th</sup></u></b> <b>Sunday of St. Gregory Palamas, Orthros, 9:00 am</b> <b>Divine Liturgy, 10:00am</b> Church School, 9:55am Pre-School Brunch (H/G) Dance (1<sup>st</sup> Practice) (C)</p>
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## UPCOMING EVENTS

*Pre-Sanctified Liturgy ~ March 11<sup>th</sup> at 6:00pm*  
*2<sup>nd</sup> Salutations to the Virgin Mary ~ March 13<sup>th</sup> at 7:00pm*  
*Pre-Sanctified Liturgy ~ March 18<sup>th</sup> at 6:00pm*  
*3<sup>rd</sup> Salutations to the Virgin Mary ~ March 20<sup>th</sup> at 7:00pm*  
*Pre-Sanctified Liturgy ~ March 25<sup>th</sup> at 6:00pm*  
*4<sup>th</sup> Salutations to the Virgin Mary ~ March 27<sup>th</sup> at 7:00pm*