

June 21, 2015

3<sup>rd</sup> Sunday of Matthew

The **Epistle Reading** is Romans 5:1-10. The **Gospel Reading** is Matthew 6:22-33. These Readings may be found on pages 1297 & 1152 in the **Holy Bible** or pages 67-69 in the **Divine Liturgy Book**.

**Today we remember:** Julianos of Tarsus, Martyr; Niketas, Neomartyr of Nisyria; Holymatyr Gerontios, Bishop of Iconium; Holymartyr Terence of Iconium.

**The Altar Table Lamp is lit by:**

- Thorina Trintis *in loving memory of* her dear husband and best friend, Basilios A. Trintis, on his 40-day memorial and their 50<sup>th</sup> wedding anniversary. Your memory will always be my treasure.

**The Vigil Lamps of the Iconostasion are lit by:**

- Maritsa & John Stamas, Vanessa, Renae and Jiana *in loving memory of* their devoted dad and dearest “papouli”, Basilios A. Trintis, on his 40-day memorial and Father’s Day. Always in our hearts and in all ways on our minds as our sunshine.
- Anthony & Argiro Trintis, Basili, Kliia, Yianni & Skiatheni *in loving memory of* their dear dad and devoted papou, Basilios A. Trintis, on his 40-day memorial and Father’s Day. His legacy is forever etched in our hearts.
- Nicolaos & Georgia Trintis, Tricia & Leo, Sean and Nora, Julia & Seth and Nicholas *in loving memory of* their brother, uncle, great uncle and Godfather, Basilios A. Trintis on his 40-day memorial. May his memory be eternal.
- Maritsa Kosmas *in loving memory of* her “son”, Basilios A. Trintis on his 40-day memorial. “Aionia tou i mnimi”
- Stergos & Katholiki Trintis *in loving memory of* their cousin, Bill Trintis, who fell asleep in the Lord 40-days ago. May his memory be eternal.
- Lazaros & Simone Volikas and Paul Trintis & children *in loving memory of* Bill Trintis, who fell asleep in the Lord 40-days ago. May his memory be eternal.
- Christopher & Helen Makes *in loving memory of* their beloved Koumbaro, Bill Trintis, who fell asleep in the Lord 40-days ago. May his memory be eternal.
- Pete & Flora Christ *in loving memory of* their nephew & cousin, Bill Trintis, who fell asleep in the Lord 40-days ago. May his memory be eternal.
- Victor & Toula Woods *in loving memory of* Basilios A. Trintis, the memory of you will be eternal. May the Lord keep you in the palm of his hands.
- Mr. & Mrs. John Voxakis *in loving memory of* Bill Trintis, who fell asleep in the Lord 40-days ago. May his memory be eternal.
- Thorina Trintis & Family thanking the entire Saint Demetrios community for their love, support and prayers during our difficult journey. May God bless all of you.
- Roula Passon *in loving memory of* her son, Peter. May his memory be eternal.
- Daughters, Joanne, Stefany & Paula *with much love & remembrance* of their father, John Skleres, Jr. on Father’s Day.
- Mr. & Mrs. John Voxakis *in loving memory of* their parents, Mr. & Mrs. Chris Voxakis and Mr. & Mrs. Anthony Xintas. May their memory be eternal.

**The Memorial Service** is being chanted today *in loving memory of* Basilios A. Trintis, who fell asleep in the Lord 40-days ago. May his memory be eternal.

**The Altar Bread was prepared by:** Mary Karavedas.

**Coffee Hour:** The coffee hour is sponsored today by the family of Basilios A. Trintis and served by our Philoptochos members.

**For more information about the events listed in the bulletin, please look for literature on the Narthex Table or call the church office.**

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**Congregational Singing:** On Sunday, June 28<sup>th</sup> we will begin our Congregational Singing during the Divine Liturgy and we will continue until September. Everyone is encouraged to participate in singing the responses and hymns of the Liturgy. Please pick up your green Hymnals from the Pangari. We look forward to hearing everyone “Make a Joyful Noise Unto the Lord.”

**Orthodox Studies:** We are currently on summer break, we will resume in the fall. See you in Church! For more information contact Kate at 410.692.7590.

**Scholarship Sunday:** Sunday, July 19<sup>th</sup> is Scholarship Sunday and we will present the scholarships directly to the recipients. We wish to thank all scholarship donors and ask God to bless them for their generosity.

**Saint Demetrios’ Demetrakia 1** will be performing at Saint George Greek Orthodox Church (Ocean City, Maryland) Annual Greek Festival the weekend of July 10<sup>th</sup> – 13<sup>th</sup>. If you are in the neighborhood, please stop by and support our Dancers.

**Orthodox Christian Network offers “The Children’s World”** ~ The Children’s World is a weekly Sunday bulletin for Orthodox Christian young people. Each issue includes a message on the Sunday Gospel lesson and on one of the saints for the week. You’ll also find a coloring page and other activities. It is designed for an 8.5 x 14 page, and it can be downloaded and printed. Check it out: <http://myocn.net/orthodox-christian-news/orthodox-christian-childrens-newsletter>

**One-Call:** We have a system here at Saint Demetrios that notifies its parishioners when there is an upcoming event, a date or time change, or a cancellation (due to inclement weather, etc.). This system is called **The One Call** or **Robo-Call**. If you do not receive these automated phone calls and you would like to be added to the list, please email your name, address and phone number to Mark Alberding at [alberding@comcast.net](mailto:alberding@comcast.net).

**Hometown Nazareth Vacation Bible School June 22<sup>nd</sup> – 26<sup>th</sup> 9am-12pm Saint Demetrios Church, \$20 per child.** Register online <https://www.groupvbspro.com/vbs/hl/stdemetrios2015/gpgs/home.aspx> or return completed registration forms (include checks payable to Saint Demetrios Church memo VBS) to Kelly MacDonnell, 9404 Good Spring Drive, Perry Hall, MD 21128 or during Church Coffee Hour. For more information or questions call Kelly at 410.256.4487.

**CHESAPEAKE YOUTH COUNCIL:** It’s time to begin making your plans for the Chesapeake Youth Council (CYC) Summer Camp. CYC registration packets can be found on the Narthex Table. Camp dates are **July 20<sup>th</sup> - 24<sup>th</sup>, 2015. Reserve the dates now.** Camp fills up quickly. Don’t be left behind. All documents & payment must be received no later than July 10<sup>th</sup>. The fee for the child(ren) of a parishioner in good standing for a one week session at camp is \$495 per child. For additional information contact Father Dean Moralis, 410.727.1831 or Kate Cocoros at 410.692.7590.

**GOYA will be accepting registrations throughout the summer for the 2015-2016 GOYA calendar year.** To join our GOYA, the child's family must be members in good standing here at Saint Demetrios Greek Orthodox Church, the child must be at least 13 years old or older, or be 12 and in the 7<sup>th</sup> grade as of September 1<sup>st</sup>, 2015. Please email [paulrizas.saintdemetriosgoya@gmail.com](mailto:paulrizas.saintdemetriosgoya@gmail.com) for a registration form.

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**Saint Demetrios Scholarships:** “Give instructions to a wise man and he will be yet wiser; teach a just man and he will increase in learning. The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy is understanding.” *Please make plans to join us on Sunday, July 19<sup>th</sup>, 2015 as we honor our Scholarship recipients.*

**Daughters of Penelope Scholarship:** There are three separate scholarships being offered by the Daughters of Penelope, these applications are open to the young women of the community who are recent high school graduates and/or in undergraduate programs. If you are interested in applying, please pick up a scholarship packet from the Narthex Table. Please be advised that the deadline for accepting applications is **June 30<sup>th</sup>, 2015.**

**United Chios Societies of Baltimore Scholarship:** For over 50 years the United Chios Societies of Baltimore has awarded scholarships to young people within our community. Selection is determined by scholastic achievement and financial need. All qualified candidates are encouraged to apply regardless of church affiliation or regional heritage. Stop by the Narthex table and pick-up an application. Application deadline is **Sunday, July 19<sup>th</sup>, 2015.**

**The Ladies Panchian Society “Chios”** is offering scholarships. If you are interested in applying please pick up a scholarship packet from the Narthex Table. Please be advised that the deadline for accepting applications is **Sunday, July 19<sup>th</sup>, 2015.** For more information or if you have any questions, please contact Peri Stroumbis 410.327.8234.

### UPCOMING EVENTS

*Vacation Bible School ~ June 22<sup>nd</sup> thru June 26<sup>th</sup>*  
*Philoptochos End-of-Year Dinner ~ June 23<sup>rd</sup> @ 6:00 pm*  
*Nativity of John the Baptist ~ June 24<sup>th</sup>*  
*GOYA End-of-Year Party ~ June 26<sup>th</sup>*  
*Synaxis of the Holy Apostles ~ June 29<sup>th</sup>*

**OCMC:** The Orthodox Christian Mission Center (OCMC) is currently seeking 20+ volunteers to fill two teams that will be offering youth retreats in Alaska this July. These teams are vital as the Church strives to teach Alaskan youth about the Faith and to help them live it in their daily lives. The cost to participate on the team serving from **July 6<sup>th</sup> to 13<sup>th</sup>** is \$1,320 + airfare, participation cost for **July 22<sup>nd</sup> to 30<sup>th</sup>** is \$1,530 + airfare. For more information, or to apply, visit: <http://www.ocmc.org/about/open-teams.aspx>, email: [teams@ocms.org](mailto:teams@ocms.org) or call Pres. Renee Ritsi at 1-877-463-6784 ext. 141

**26<sup>th</sup> Annual Greek Festival:** St. George Greek Orthodox Church in Ocean City, Maryland will be hosting their 26<sup>th</sup> Annual Greek Festival the weekend of **July 10<sup>th</sup> - 13<sup>th</sup>** at the beautiful Ocean City Convention Center, 41<sup>st</sup> & Coastal Highway. Fun for the whole family ~ All your favorite Greek Dishes & Desserts. Live Greek Music by The Golden Flames and don't miss the Folk Dancing Performances. So, if you are in Ocean City stop on by, we'd love to see you. For more information please visit their website at: [www.stgeorgebythesea.org/greek-festival](http://www.stgeorgebythesea.org/greek-festival).

## STEWARDSHIP MESSAGE OF THE WEEK: “TIME ~ TALENT ~ TREASURE”

WELCOME! If you are visiting Saint Demetrios today thank you for worshipping with us. We pray that your visit here is uplifting. We invite you to fill out the welcome card that can be found at the pangari and to join us in fellowship at the Hermes Rafailides Center after liturgy.

For your convenience, Stewardship commitment cards and envelopes are also at the pangari. Remember that at Saint Demetrios we don't pass trays every Sunday because we ask that you include your tray contributions in your annual commitment.

In every liturgy God brings words of eternal life through the Scripture readings and the sermon. Through the Sacrament of Communion He comes to be born again and again in the shabby stables of our hearts. He comes through prayer, through the many ministries of His church. It is by offering our blessings back to God that He will be able to continue His forgiving, healing, liberating, transfiguring ministry through the Church. ~ *Fr. Anthony Coniaris*

### STEWARDSHIP STATISTICS

	Budget Commitment	Goal ~ Total Operating Budget *	Total Commitments to Date	Collections to Date	# of Stewards
<b>2014</b>	\$392,000	\$693,000	\$307,833	\$193,499	442
<b>2015</b>	\$395,000	\$612,300	\$292,044	\$175,475	387

*\*Our goal as Christian Stewards is to fund 100% of the Church operating budget.*

### WEEKLY SCHEDULE

<p><b><u>Monday, June 22<sup>nd</sup></u></b>            Vacation Bible School, 9:00 am (H/G)            Sweet Adelines (H/G)</p> <p><b><u>Tuesday, June 23<sup>rd</sup></u></b>            Vacation Bible School, 9:00 am (H/G)            Philoptochos End-of-Year Dinner, 6:00 pm            D-1 Practice, 7:00 pm (C)</p> <p><b><u>Wednesday, June 24<sup>th</sup></u></b>            Vacation Bible School, 9:00 am (H/G)</p> <p><b><u>Thursday, June 25<sup>th</sup></u></b>            Vacation Bible School, 9:00 am (H/G)            D-1 Practice, 7:00 pm (C)</p>	<p><b><u>Friday, June 26<sup>th</sup></u></b>            Vacation Bible School, 9:00 am (H/G)            GOYA End-of-Year Party            Hall Rental, 6:00 pm</p> <p><b><u>Saturday, June 27<sup>th</sup></u></b>            GOYA Boys Basketball, 8:00 am (H/G)</p> <p><b><u>Sunday, June 28<sup>th</sup></u></b>  <i>4<sup>th</sup> Sunday of Matthew</i>  <b>Orthros, 9:00 am</b>  <b>Divine Liturgy, 10:00 am</b>            D-1 Practice, 1:00 pm (C)</p>
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## PHILOPTOCHOS NEWS



**HAPPY FATHER'S DAY TO ALL Fathers, Grandfathers, Godfathers, and Step-Fathers in our community.** Everyone is invited to the Philoptochos Annual Father's Day Brunch and Coffee Hour in honor of all Fathers, Grandfathers, and Godfathers, and Step-Fathers and *in memory of* the 2015 Father of the Year, Basilios A. Trintis.



**Summer School Supplies Collection** ~ It's that time of year to be on the watch for school supply sales over the summer. We will once again assist students in need, by filling backpacks with the required supplies to begin a new school year in September, just a few short months away. A sample of supplies needed: 50 Backpacks; Binder Divider Tab Sets (5 tab set); pocket folders - red, blue; black marble composition notebooks; 2" binders; loose leaf paper; rulers; #2 pencils and pencil cap erasers; colored pencils; washable colored markers; yellow highlighters; lunchbox; pencil box/zippered pencil pouch; box (24) crayons; red pens; glue sticks; scissors; Clorox cleanup wipes; Kleenex tissues; quart size baggies. Flyers with a more complete list of supplies needed is available on the Narthex table or contact Elaine Sackleh, 410.472.3458. We ask you drop off your school supply donations throughout the summer, in the Philoptochos Blue Bin in the church building.



**Do you have a computer you are no longer using?** Is your company upgrading the computers or laptops for the employees? If the answer is YES, then we can help recycle computer hard drives, monitors, keyboards and laptops. The Saint Demetrios Philoptochos Chapter is linking computer access and literacy to the underprivileged of the Baltimore metropolitan area. We have teamed up with Project Reboot and Baltimore social service agencies - connecting eligible families with low cost computers from Project Reboot, a non-profit organization that refurbishes unwanted working computers and sells them to qualified parents, students, and single people seeking to better their lives in today's world of technology. Drop off your unwanted and working computer monitors keyboards, cords, hard drives and laptops in the Philoptochos Blue Bin. For more information on how you can help with this project, contact Mary Triandafilou, 410.528.1589.



**Father's Day is a perfect day to give dad a copy of our latest cookbook, Kali Oresi IV.** Ever grill cabbage with bacon, butter, and Parmesan? WOW! Try "My Favorite Crunchy Salad" with a flavorful tahini dressing or Broccoli with Greek olives or Greek Roasted Potato Salad? The list goes on so pick up your copy of Kali Oresi IV cookbook, \$20 each, and perk up your picnic! To keep yourself tidy during those wild grilling sessions, don't forget to pick up a Kali Oresi apron, \$15each. See us in the Hermes Rafailides Center during coffee hour or contact Mary Triandafilou, [410.528.1589](tel:410.528.1589). You'll be glad you did!



**\*\*Saint Nicholas Greek Orthodox Church and National Shrine at the World Trade Center** ~ Collection of donations will continue through the summer as we are halfway to our commitment of \$11,700 and are well on our way to achieving 100% participation from our Saint Demetrios chapter members, family and friends. It is not too late to contribute. Let's have a great response for the July 15, 2015 report. For questions or information call Margo Lambros, 410.465.0371.

## PROPER CHURCH ETIQUETTE

Probably the most important duty that we each have as worshippers attending church Services is to do all that is in our power to see that a proper decorum and atmosphere is maintained so that all of the congregation is able to pray sincerely, peacefully and meaningfully.

It is with this fact in mind that we set forth the following guidelines:

Upon entering the Church, at all times, but especially during Services, an individual should remember that he or she is in the *House of God*. Reverence and good manners are required so as not to disturb those who are already engaged in prayer, but, even more important, as an expression of sincere faith and awareness of the presence of the Lord. No irrelevant conversations should take place, either in the *Narthex* or in any other part of the Church.

There are various parts of the Service during which no one should be moving about. Wherever a person happens to be at these moments, he or she should stop and stand reverently, until the proper time to proceed. These parts of the Service are:

1. During the Procession of the Priest & the Altar Boys with the Holy Gospel.
2. During the reading of the EPISTLE and the GOSPEL.
3. During the Cherubic Hymn & the Procession of the Priest & the Altar Boys with the Holy Gifts.
4. During the recitation of the CREED (in which the whole Congregation should participate).
5. During the Lord's Prayer (in which the Congregation should participate).
6. During the Se Ymnoumen & the prayers of the Consecration of the Holy Gifts.
7. During Holy Communion.
8. During the SERMON.
9. During the Dismissal Prayer.
10. During any special Services (Memorial Services, Processions, Prayers)
11. During distribution of the Antidoron.

*One basic rule to follow is that, whenever the Priest is outside of the Altar either with the Censer of giving the Blessing, everyone should stand wherever they are.*

According to actual Church Service procedures, each & every member of the Congregation is required to be seated in the pews at the beginning of the Service. It is only by leniency that anyone is allowed to enter the Church once the Services have begun. Thus this behooves us not to take undue advantage of his leniency.

Please remember that the Parish Council members are required to see to the order during Services, and everyone should follow their directions at all times.