

April 26<sup>th</sup>, 2015

## Sunday of the Myrrh Bearers

The **Epistle Reading** is Acts 6:1-7. The **Gospel Reading** is Mark 15:43-16:8 These Readings may be found on pages 1266 & 1199 in the **Holy Bible** or pages 48-50 in the **Divine Liturgy Book**.

**Today we remember:** Third Sunday of the Paschal Season, the Myrrh Bearing Women: Holymartyr Basil, Bishop of Amasia; Righteous Glaphyra and Justas; George.

### The Altar Table Lamp is lit by:

- Christopher & Helen Makres *in honor of* their grandsons, Christopher & Peter Makres, on the occasion of their birthday.

### The Vigil Lamps of the Iconostasion are lit by:

- Roula Passon *in loving memory of* her son, Peter. May his memory be eternal.
- The family & friends of Basilios A. Trintis, for his *continued health & welfare*. May God continue to bless him.
- The family of Yianni Liadakis for continued prayers for his *health & welfare* and wishing him a speedy recovery and safe travels.
- The Kosmakos Family *in loving memory of* their parents, grandparents & great grandparents, Yianni & Dimitra Kosmakos, who fell asleep in the Lord 15 years ago. May their memory be eternal.
- Mrs. Marina Kotselas & Family *in loving memory of* husband, father & grandfather, Dr. Evangelos Kotselas, who fell asleep in the Lord 1 year ago. May his memory be eternal.
- Savvas & Mary, Moskos & Christina, George & Michael and John & Panayiota *in loving memory of* mother & grandmother, Anastasia Tsakiris, who fell asleep in the Lord 15 years ago. May her memory be eternal.
- Katherine Diafokeris *in loving memory of* her husband, George Diafokeris, who fell asleep in the Lord 9 years ago. May his memory be eternal.
- Kriss Cocoros & Family *in loving memory of* husband & father, George J. Cocoros, who fell asleep in the Lord 6 months ago. May his memory be eternal.

The **Memorial Service** is being chanted today *in loving memory of* Dr. Evangelos Kotselas, who fell asleep in the Lord 1 year ago and *in loving memory of* Yianni & Dimitra Kosmakos who fell asleep in the Lord 15 years ago; and *in loving memory of* Anastasia Tsakiris, who fell asleep in the Lord 15 years ago. May their memory be eternal.

**Artoclasia:** The Artoclasia is being offered today by Katherine Diafokeris & the families of Kriss Cocoros & Toula Stamas *for the health & welfare of* their families.

**The Altar Bread was prepared by:** Mary Antonas, Barbara Nikolaidis, Kitsa Padousis & Toula Woods.

**Coffee Hour:** Everyone is invited to the coffee hour that will be held in the Hermes Rafailides Center directly following the Divine Liturgy. Coffee hour is sponsored and served by the Saint Demetrios GOYAn's.

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For more information about the events listed in the bulletin, please look for literature on the Narthex Table or call the Church Office.

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**Divine Liturgy:** On Thursday, May 21<sup>st</sup> we will celebrate the *Divine Liturgy of Saints Constantine & Helen* at 10:00am. Please come and join us.

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**Orthodox Studies:** Christos Anesti! Learn more about your Orthodox Faith. Join us in the board room at 9:30am on Friday mornings. We are winding down for the summer; our final Orthodox Studies session will be **Friday, May 29<sup>th</sup>**. We will resume in the fall. For more information contact Kate at 410.692.7590.

**Visiting our Parish Today?** We pray that your visit here will be uplifting. Welcome cards can be found at the Pangari (candle stand). Please fill the cards out and return them to one of our Parish Council members after today's Divine Liturgy. Also, please join us at Coffee Hour downstairs in the Hermes Rafailides Center after the liturgy.

**GOYA INVITES YOU:** After Liturgy today, our Saint Demetrios GOYA Basketball Tournament Championship Games will be played downstairs in our very own gym! Come watch the children play!! GOYA will be serving coffee and preparing and serving a fabulous meal for lunch. We also want to thank all our visiting GOYAs for worshipping with us today and to welcome them to Saint Demetrios.

**We Heard You!!!** During Holy Week, especially on Holy Friday & Saturday evenings, we heard many beautiful and enthusiastic voices singing along with the Choir from the congregation pews. Every year we hear these beautiful voices sing during Holy Week, but then those voices are silent the rest of the year. It is time that you brought that God given gift to share during the Divine Liturgy. Some of you say, "I really love to sing but my voice is not that good." ***IF GOD GAVE IT TO YOU, IT IS GOOD ENOUGH TO SING PRAISES TO HIM ON SUNDAYS!!!*** So, I want to tell you that this is the best time to join the Saint Demetrios Choir, and we hope that you will! All are welcome!! No experience necessary!! We rehearse every Thursday evening at 7:00pm. So come and share in our musical fellowship, in fact, bring a friend. For questions or more information, please call Jennie at 410.256.2143.

**Mother's Day Brunch:** GOYA will be hosting their traditional Mother's Day Brunch on **Sunday, May 10<sup>th</sup>**. Please join us after Divine Liturgy on that day as we honor all Mothers in our community. Along with a wonderfully prepared brunch for the community our GOYA youth will also be hosting the coffee hour on that day. We hope to see everyone there.

**Email Records:** We are updating our email records in the Church Office. Please give us your preferred email by dropping it off to the office, calling the office or better yet email to [saintdemetrios@comcast.net](mailto:saintdemetrios@comcast.net). This will not be shared and will only be used for church-related communications. Thank you.

**Moving?** Please help us reduce the costs and update our database. Please provide us with your updated information by calling the Church Office at 410.661.1090 or via email at [saintdemetrios@comcast.net](mailto:saintdemetrios@comcast.net).

**One-Call:** We have a system here at Saint Demetrios that notifies its parishioners when there is an upcoming event, a date or time change, or a cancellation (due to inclement weather, etc.). This system is called **The One Call** or **Robo-Call**. If you do not receive these automated phone calls and you would like to be added to the list, please email your name, address and phone number to Mark Alberding at [alberding@comcast.net](mailto:alberding@comcast.net).

**Hope/Joy: 1<sup>st</sup> Annual Family Fitness Event.** Please plan on joining us for the 1<sup>st</sup> Annual Family Fitness Event to be held on **Friday, May 1<sup>st</sup> @ 6:00pm** in the Hermes Rafailides Center. The event will include a light dinner and instructors from Cross Fit. Come ready for fun and dressed to work out. Contact [kellymacdonnell@hotmail.com](mailto:kellymacdonnell@hotmail.com) for more information.

**Hometown Nazareth Vacation Bible School June 22<sup>nd</sup> – 26<sup>th</sup> 9am-12pm Saint Demetrios Church, \$20 per child.** Register online <https://www.groupvbspro.com/vbs/hl/stdemetrios2015/gpgs/home.aspx> or return completed registration forms (include checks payable to Saint Demetrios Church memo VBS) to Kelly MacDonnell, 9404 Good Spring Drive, Perry Hall, MD 21128 or during Church Coffee Hour. For more information or questions call Kelly at 410.256.4487.

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**CHESAPEAKE YOUTH COUNCIL:** It's time to begin making your plans for the Chesapeake Youth Council (CYC) Summer Camp. CYC registration packets can be found on the Narthex Table. Camp dates are **July 20<sup>th</sup> - 24<sup>th</sup>, 2015. Reserve the dates now.** Camp fills up quickly. Don't be left behind. All documents & payment must be received no later than July 10<sup>th</sup>. The fee for the child(ren) of a parishioner in good standing for a one week session at camp is \$495 per child. **Early bird special is offered for \$425, and payment must be received by May 15<sup>th</sup>, 2015. There are no exceptions!** For additional information contact Father Dean Moralis, 410.727.1831 or Kate Cocoros at 410.692.7590.

**The AHEPA Worthington Chapter #30, and the Daughters of Penelope Alcmena Chapter #27,** will host the annual District 3 Convention in Baltimore from **May 15-17, 2015.** This is the first time we will be including District 4 Chapters from Pennsylvania, in addition to our own District 3 Chapters from Maryland, District of Columbia, Virginia and North Carolina. This is a great opportunity for AHEPANs, Maids of Athena, Daughters of Penelope and Sons of Pericles to become re-engaged in Hellenic life and the positive impact they make on our community and our culture. Activities will include a crab feast at Jimmy's Seafood **May 15<sup>th</sup>** and a banquet at Columbus Gardens on **May 16<sup>th</sup>.** For details, call Peter Sourlis, 410.967.0053 or Bill Bond 410.913.2350.

**Bulletin Deadline:** Please be reminded that the deadline to submit bulletin articles is on Wednesdays at 3:00pm. Please be sure to have all information to the office by that day and time. Thank you

**The Spirit:** If you have any information that you would like to share with the community, please send, via email to: [saintdemetrios@comcast.net](mailto:saintdemetrios@comcast.net). The deadline has been extended to **Friday, May 1<sup>st</sup>.**

### SCHOLARSHIP CORNER

**Scholarships:** Anyone interested in endowing an academic scholarship at Saint Demetrios, please contact Lou Triandafilou at 410.458.1589 or [ltrianda28@gmail.com](mailto:ltrianda28@gmail.com). If you have a 2.5 GPA or higher and wish to apply for a 2015 scholarship, **application packets are now available and can be found on the Narthex table or by contacting the Church office at 410.661.1090. All applications must be postmarked by June 3<sup>rd</sup>, 2015.** **PLEASE NOTE:** A high school/college transcript, letter of acceptance/of good standing, and recommendations from the Parish Priest and **two faculty members under whom you have studied** must be included. **NO OTHER** letters of recommendation will be accepted. **Scholarship Sunday will be July 19<sup>th</sup>, 2015.**

**2015-2016 Scholarship Applications:** Applications & instructions for scholarships administered by the Chancellor's Office of the Greek Orthodox Archdiocese of America are now available on-line at: [www.goarch.org/archdiocese/administration/chancellor/2015](http://www.goarch.org/archdiocese/administration/chancellor/2015). Application deadline is **April 27<sup>th</sup>, 2015.**

**Order of AHEPA ~ Lord Baltimore #364:** College Scholarship Applications for the Academic Year 2015-2016 are now available. Stop by the Narthex table and pick up an application. The application must be post-marked no later than **May 1<sup>st</sup>, 2015.**

**United Chios Societies of Baltimore Scholarship:** For over 50 years the United Chios Societies of Baltimore has awarded scholarships to young people within our community. Selection is determined by scholastic achievement and financial need. All qualified candidates are encouraged to apply regardless of church affiliation or regional heritage. Stop by the Narthex table and pick-up an application. Application deadline is **July 19<sup>th</sup>, 2015.**

### **STEWARDSHIP MESSAGE OF THE WEEK: "TIME ~ TALENT ~ TREASURE"**

If you are visiting Saint Demetrios today, thank you for worshipping with us. We invite you to fill out the welcome card that can be found at the *Pangari*. For your convenience, Stewardship commitment cards and envelopes can also be found at the *Pangari*

Remember that at Saint Demetrios we don't pass trays every Sunday because we ask you to include your tray contributions in your annual commitment.

Are you actively serving God and sharing Him with others? Do you worship regularly? Take a moment to evaluate your life in light of these principles. We are called to apply our gifts, training, abilities, education and skills to the tasks that God places before us. If we do this humbly and prayerfully the body of Christ will function to its full potential.

### STEWARDSHIP STATISTICS

	Budget Commitment	Goal ~ Total Operating Budget *	Total Commitments to Date	Collections to Date	# of Stewards
<b>2014</b>	\$392,000	\$693,000	\$292,770	\$151,432	422
<b>2015</b>	\$395,000	\$612,300	\$278,629	\$130,348	360

*\*Our goal as Christian Stewards is to fund 100% of the Church operating budget.*

### WEEKLY SCHEDULE


<p><b><u>Monday, April 27<sup>th</sup></u></b> Pre-School, 8:45 am (C) Home School, 9:00 am (C) Greek School, 4:30 pm (A) Sweet Adelines (H/G)</p> <p><b><u>Tuesday, April 28<sup>th</sup></u></b> Pre-School, 8:45 am (C)</p> <p><b><u>Wednesday, April 29<sup>th</sup></u></b> Pre-School, 8:45 am (C) Greek School, 4:30 pm (A) GOYA Basketball, 7:00 pm (H/G)</p>	<p><b><u>Thursday, April 30<sup>th</sup></u></b> Pre-School, 8:45 am (C) Men's Basketball, 6:00 pm (H/G) Adult Choir, 7:00 pm (M)</p> <p><b><u>Friday, May 1<sup>st</sup></u></b> Pre-School, 8:45 am (C) Orthodox Studies, 9:30 am (B) <b>Hope/Joy Family Fitness Event, 6:00 pm (H/G)</b></p>	<p><b><u>Saturday, May 2<sup>nd</sup></u></b> <b>Hall Rental (H/G)</b></p> <p><b><u>Sunday, May 3<sup>rd</sup></u></b> <b>Sunday of the Paralytic</b> <b>Orthros, 9:00 am</b> <b>Divine Liturgy, 10:00 am</b> Church School, 9:55 am Demetrakia Practice, 12:15 (C)</p>
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### UPCOMING EVENTS


*Mother's Day ~ Sunday, May 10<sup>th</sup>*  
*Mother-of-the-Year ~ Sunday, May 10<sup>th</sup>*  
*Holy Ascension ~ May 21<sup>st</sup>*  
*Sts. Constantine & Helen Divine Liturgy ~ May 21<sup>st</sup> @ 10:00 am*  
*Memorial Day ~ May 25<sup>th</sup> (Office & Pre-School Closed)*  
*Saturday of Souls ~ May 30<sup>th</sup>*  
*Holy Pentecost Sunday ~ May 31<sup>st</sup>*





## PHILOPTOCHOS NEWS


 **\*\* The 2015 membership list will be forwarded to National & Metropolis Philoptochos this week and we'd like to include you as a member of the Saint Demetrios Chapter.** Please make your 2015 Philoptochos Membership Stewardship donation TODAY to be included in the 2015 Membership rolls. See Thorina Trintis (410.866.2127) or Violette Cocoros (410.256.6283) at our Membership Table during coffee hour after Liturgy. Remember that \$22 of your donation will be applied to your National and Metropolis membership, while the remainder will be used to support the various local charity projects, such as Beans & Bread, Ronald McDonald House, School children's needs and the Baltimore Rescue Mission.

 **April showers bring May flowers . . . and Spring weddings!** Help the bride and groom start their culinary adventure off right with over 200 recipes from 90 people who shared their favorite and best recipes in our Kali Orexi IV cookbook. Purchase a copy for only \$20. Add the Kali Orexi apron for \$15 and you'll be giving the perfect gift! See us in the Hermes Rafailides Center during coffee hour or contact Mary Triandafilou, [410.528.1589](tel:410.528.1589).

 **\*\*Saint Nicholas National Shrine at Ground Zero ~** We are well on our way to achieving 100% participation from our Saint Demetrios chapter members, family and friends. Each Philoptochos member is asked to contribute \$100 per person, in a single check or over the course of several months, whichever fits your budget. Your contribution will help to achieve a total Philoptochos commitment of more \$2 million towards this worthy project. Please direct your donation to 'Saint Demetrios Philoptochos' and specify in the memo line 'Saint Nicholas Shrine'. For questions about this initiative, please contact Margo Lambros. Saint Nicholas National Shrine will be the only religious structure at Ground Zero and it will be ORTHODOX. Thank you to those who have already made a donation to this important Christian Orthodox project!

 **Friday, May 15<sup>th</sup> Philoptochos' Annual Bingo Night!** "My Big Fat Greek Bingo" night is just around the corner and tables are filling up fast. Purchase your tickets (\$15 presale; \$20 at the door). Doors open at 6pm; First game begins at 7pm. Committee volunteers, prize and food donations needed. To offer your help and for more information about donation opportunities, please stop by the Philoptochos table during coffee hour or contact Mary Tsakiris via email at [tsakisa@comcast.net](mailto:tsakisa@comcast.net) or by phone, 410.245.1291.

 **Graduate Sunday Booklet information needed ~** Reminder to those with upcoming spring graduations - The Ladies Philoptochos Society is putting together the booklet recognizing our graduating class of 2015 (high school, college and advanced degree candidates included) for Graduate Sunday to be held on **Sunday, June 14<sup>th</sup>**. Graduate Letter and Biography Forms are on the Narthex Table. Please complete form and return to Church no later than **Sunday, May 24<sup>th</sup>**. For questions, please contact Jean Sfikas at [j.sfika@comcast.net](mailto:j.sfika@comcast.net).

 **Save the dates!** Philoptochos Board Elections will be held at the next General Meeting, **Tuesday, May 19<sup>th</sup>**. To round out the year the 'Step Into Summer' end of season dinner will be held **Tuesday, June 23<sup>rd</sup>** at Sparrows Point Country Club. Watch for more details about these activities and plan to join in the fun and friendship.

Visit our outdoor  
Gyro / Souvlaki Stand!

ST THEODORE  
GREEK ORTHODOX CHURCH

COME ENJOY ALL YOUR FAVORITE  
FOODS ■ DRINKS ■ PASTRIES ■ MUSIC ■ SHOPS

# GREEK FESTIVAL

## MAY 15, 16, 17, 2015

FRIDAY & SATURDAY 11AM-9PM SUNDAY 11AM -7PM

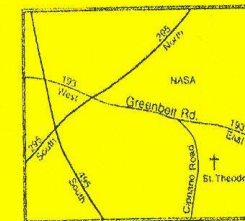
Festival After-Hours Party!

GREEK Taverna Night  
10pm—2am  
Saturday, May 16  
\$20 includes (1) Free drink

St. Theodore Greek Orthodox Church  
7101 Cipriano Road • Lanham MD 20706

(301) 552-3540 [www.sttheodores.org](http://www.sttheodores.org)

Visit us on Facebook or view our website for event news!



#### Directions:

From the DC Beltway, take exit 22a to B/W Parkway (towards Baltimore). Take Greenbelt/NASA exit to Greenbelt Road (193 east). Turn right onto Cipriano. Church is 2 blocks ahead on left.



Kids/Teens  
Games &  
Face Painting!

Discount applies for Military /  
Veterans & Students  
at food line and gyro shack

(with identification)