

February 22nd, 2015

Cheesefare Sunday

The **Epistle Reading** is Romans 13:11-14; 14:1-4. The **Gospel Reading** is Matthew 6:14-21. These Readings may be found on pages 1304 & 1152 in the **Holy Bible** or pages 134-135 in the **Divine Liturgy Book**.

Today we remember: Cheesefare Sunday, Commemorating the Expulsion of Adam and Eve, the First Created, from Paradise; Finding of the Sacred Relics of the Martyrs of Eugenion, Anthousa, Martyr; Righteous Thalassios; Limnaios and Baradatos.

The Altar Table Lamp is lit by:

- The Saint Demetrios Greek Orthodox Community *in loving memory of* our dearly departed Psalti, Sotirios Mitilineos. May his memory be eternal.

The Vigil Lamps of the Iconostasion are lit by:

- Christopher & Helen Makres *in honor of* their granddaughter, Eleni Polites on the occasion of her birthday.
- Chris Spanos & Family *for the continued health & welfare of* her husband, their father and grandfather, Jimmy Spanos.
- The family & friends of Basilios A. Trintis, for his *continued health & welfare*. May God continue to bless him.
- Roula Passon *in loving memory of* her son, Peter. May his memory be eternal.

40-Day Baby Blessing: Mr. & Mrs. Majid Sajjad will present their 2nd child, a daughter, for the traditional 40-day blessing.

The Altar Bread was prepared by: Diamando Sarigianis.

Coffee Hour: Everyone is invited to the Coffee Hour that will be held in the Philoptochos Room directly following the Divine Liturgy and served by the Ladies Philoptochos Society.

For more information about the events listed in the bulletin, please look for literature on the Narthex Table or call the Church Office.

Holy Unction: Lent begins on Monday, February 23rd and Holy Unction will be offered at 7:00 pm

Salutations to the Virgin Mary: Beginning on **Friday, February 27th**, we will be singing praises to the Virgin Mary at the *Salutations to the Virgin Mary Service* beginning at 7:00pm in the church. Salutations to the Virgin Mary will continue each Friday until **March 27th**. It is a beautiful service and all are invited to attend.

Orthodox Studies: Want to learn more about your Orthodox Faith? Join us on **Friday, February 27th** at 9:30am in the board room. Please remember that if Baltimore County Public Schools are closed or delayed due to weather, we will not meet. For more information contact Kate Cocoros at 410.692.7590.

Religious Educators Seminar: Our annual Religious Educators Seminar will be held on **Saturday, February 28th, 2015** following the Divine Liturgy, our seminar will commence at 10:30am in the Hermes Rafailides Center. The theme this year will be "Sowing Seeds." Admission is free and a luncheon will be served. Clergy and Church School Religious Educations are encouraged to attend this Christ-centered, interactive, enlightening symposium. Parents and parishioners are also welcome. For more information please call George Zaverdinos, Church School Director at 410.638.2637.

The **Orthodox Christian Way** returns **Tuesday, March 3rd, 2015**, in the Hermes Rafailides Center at 6:15 pm. There will be four evenings of presentations on the Orthodox faith, followed by group discussion and a question and answer session with the panel of clergy and lay presenters. Presentations will begin at 7:00 pm, following a light supper. Mark your calendars for Tuesdays, March 3rd, 10th, 17th and 31st. **Please note that we will not meet on March 24th, due to the Annunciation Vespers at the Cathedral.**

The topics for this session are:

- March 3rd ~ Coming to Orthodoxy / Personal Journeys
- March 10th ~ Resurrection and Immortality
- March 17th ~ Forgiveness
- March 31st ~ The Season Coming of Christ

Call the church office at 410.661.1090 x202 for more information.

The Book & Knitting Club will be meeting on **Tuesday, March 17th, 2015** at 9:00 am - 11:30 am. All knitters and crocheters are welcomed. Experience not necessary we will teach you.

Library News: This weekend is the Main Carnival weekend in Apokrias. Ancient traditions of the Carnivals are being revived in Greece. In Corfu and Crete there is a Venetian flair because of the period the islands were under Venice. The city of Patras is the Peleponese ranks third in the world for Carnival Celebrations next to New Orleans, Rio de Janerio. Today is also Forgiveness Sunday. Start your Lenten season with a spiritual book from our Library. We have Lenten cookbooks to help you with your fasting. We have many things to offer including children's books of all ages and DVD's for all ages.

The Craig Arambiges Lecture: Please plan to attend this year's library lecture on **Saturday, March 7th**, "*Living in the Scriptures: the Orthodox Story.*" presented by Elissa Bjeletich. Ms. Bjeletich is the author of the popular Ancient Faith Radio podcast, Raising Saints: Educating Our Youth in the Orthodox Faith, Both at Home and in the Parish, and the book, "*In God's Hands: A Mother's Journey through her infant's critical illness*" published by Ancient Faith Publishing in 2013. She currently serves as the Sunday School Director at Transfiguration Greek Orthodox Church in Austin, TX.

Ms. Bjeletich is also the speaker for "My Ladies Luncheon," the annual Philoptochos event the following day, when she will speak on a related, but different topic, "The Life Giving Cross."

The morning will begin with a light breakfast at 9:30am, and Ms. Bjeletich's presentation will begin at 10:00am. Following the lecture, lunch will be provided. This event is free and good will donations will be accepted. Register after the liturgy today or call Mary Triandafilou, 410.528.1589.

Pan Hellenic Scholarship Foundation, is now accepting applications for this unique study abroad program through **March 27, 2015**. If you are a college student of Hellenic descent **who has never been to Greece** apply today to participate in Hellenic Birthright. This summer's program takes place from June 19th through July 19th, 2015. Hellenic Birthright is a four week program that enables students to experience the history, culture and everyday life of Greece. Offered in collaboration with the American College of Thessaloniki (ACT), the program includes a rigorous academic schedule combined with excursions throughout historic sites of Greece. Students will also earn three transferable college credits. For more information or download an application, please visit our website at: <http://panhellenicscholarships.org>.



SAVE THE DATE: The Maryland Greek Independence Day Parade: The Annual Maryland Greek Independence Day Parade will be held on **Sunday, April 19th, 2015**. Look for more information in the upcoming weeks.

The American College of Greece (ACG) is accepting applications for **Heritage Greece 2015**, an experiential educational and cultural program for college-aged, Greek-American students. Developed by the National Hellenic Society (NHS) and hosted by The American College of Greece (ACG), Heritage Greece is an unforgettable opportunity for young people to explore their Greek heritage. This year, the Heritage Greece Program will run from **June 11th – 28th, 2015**. Participant will attend a four-credit Greek language and culture course and will travel to the Greek Islands, traditional villages, and archaeological sites. They will have the opportunity to take a Greek cooking class, learn Greek dancing, and experience an insider's tour of the Acropolis museum. ACG is accepting application through **March 27th, 2015**. We are seeking Greek-American college students who have a grade point average of 3.0 or higher and have never or seldom been to Greece. We invite you to visit our website at: <http://www.acg.edu/admissions/study-abroad/heritage-greece/apply-heritage-greece>, where you can apply as well as learn more details about this year's program.

Please join us for a Lenten Retreat, sponsored by the Twenty-first Annual "Growing in Faith" Bible Study in conjunction with Greater Baltimore Orthodox Clergy Associates. The topic is: **Do You Believe in Miracles?** The retreat master is the Very Reverend Protospesbyter Mark Leasure. Retreat will be held on **Saturday, March 14th, 2015** from 9:00 a.m. – 3:30 pm at St. Mary's Antiochian Orthodox Church, located at 909 Shawan Road, Hunt Valley/Cockeysville, MD. 21030. Cost is \$30.00. For more information please go to www.goannun.org and click on "2015 Retreat" or www.huntvalleyorthodox.com. Looking forward to seeing you there!

UPCOMING EVENTS

- *Lent Begins ~ February 23rd*
- *Holy Unction, Divine Liturgy ~ Monday, February 23rd at 7:00 pm*
- *1st Pre-Sanctified Liturgy ~ Wednesday, February 25th at 6:00 pm*
- *Pre-School Bull Roast Meeting ~ Thursday, February 26th at 6:30 pm*
- *1st Salutations to the Virgin Mary ~ Friday, February 27th at 7:00 pm*
- *3rd Saturday of Souls, Divine Liturgy ~ Saturday, February 28th at 9:00 am*
- *Sunday of Orthodoxy ~ Sunday, March 1st*
- *2nd Pre-Sanctified Liturgy ~ Wednesday, March 4th at 6:00 pm*
- *2nd Salutations to the Virgin Mary ~ Friday, March 6th at 7:00 pm*
- *Memorial Sunday ~ Sunday, March 8th*
- *3rd Pre-Sanctified Liturgy ~ Wednesday, March 11th at 6:00 pm*
- *3rd Salutations to the Virgin Mary ~ Friday, March 13th at 7:00 pm*
- *Sunday of Holy Cross ~ Sunday, March 15th*
- *4th Pre-Sanctified Liturgy ~ Wednesday, March 18th at 6:00 pm*
- *4th Salutations to the Virgin Mary ~ Friday, March 20th at 7:00 pm*
- *5th Pre-Sanctified Liturgy ~ Wednesday, March 25th at 6:00 pm*
- *Akathyst Hymn ~ Friday, March 27th at 7:00 pm*

STEWARDSHIP MESSAGE OF THE WEEK: "TIME ~ TALENT ~ TREASURE"

If you are visiting Saint Demetrios today, thank you for worshipping with us. We invite you to fill out the welcome card that can be found at the *Pangari*. For your convenience, Stewardship commitment cards and envelopes can also be found at the *Pangari*.

Dear Stewards, remember that at Saint Demetrios we don't pass trays every Sunday because we ask you to include your tray contributions in your annual commitment.

Your Stewardship Dollars at Work: As you think about your Stewardship commitment, remember that our monthly building & grounds maintenance averages **\$2,667**.

Our Lord and Savior Jesus Christ walked among us for 33 years. Could you add 33 cents a day to your pledge to help maintain His home at Saint Demetrios? That would be an additional \$9 a month to your pledge. Think of what you have, and remember what He gave up for you.

STEWARDSHIP STATISTICS

	Budget Commitment	Goal ~ Total Operating Budget *	Total Commitments to Date	Collections to Date	# of Stewards
2014	\$392,000	\$693,000	\$229,668	\$73,719	306
2015	\$395,000	\$612,300	\$232,769	\$74,075	275

**Our goal as Christian Stewards is to fund 100% of the Church operating budget.*

WEEKLY CALENDAR

<p><u>Monday, February 23rd</u> <i>Lent Begins</i> Pre-School, 8:45 am (C) Greek School, 4:30 pm (C) <i>Holy Unction, 7:00 pm</i> Sweet Adelines</p> <p><u>Tuesday, February 24th</u> Pre-School, 8:45 am (C) Stewardship Committee Mtg., 6:00 pm (B)</p>	<p><u>Wednesday, February 25th</u> Pre-School, 8:45 am (C) Greek School, 4:30 pm (C) <i>1st Pre-Sanctified Liturgy, 6:00 pm</i></p> <p><u>Thursday, February 26th</u> Pre-School, 8:45 am (C) Men's Basketball, 6:00 pm (H/G) Pre-School Bull Roast Mtg., 6:30 pm (B) Adult Choir, 7:00 pm (M)</p> <p><u>Friday, February 27th</u> Pre-School, 8:45 am (C) Orthodox Studies, 9:30 am (B) <i>1st Salutation to the Virgin Mary, 7:00 pm</i></p>	<p><u>Saturday, February 28th</u> <i>3rd Saturday of Souls ~</i> <i>Divine Liturgy, 9:00 am</i> Religious Educations Seminar, (following Liturgy)</p> <p><u>Sunday, March 1st</u> <i>Sunday of Orthodoxy</i> Orthros, 9:00 am Divine Liturgy, 10:00 am Church School, 9:55 am</p>
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***In order to provide meeting space for all ministries, please take notice as to where your ministry is scheduled to meet within the facility.**

PHILOPTOCHOS NEWS



****Last Call for Chocolate!** And other needed items for our Military Personnel. The Ladies Philoptochos Society is currently collecting all types of chocolate and other items to send to our troops! Please bring in all types of chocolate, plain white socks (men's all sizes), tank tops (men's all sizes), marshmallow peeps, soups, snacks, etc. Collection will be through March 31st so that we can package everything to coincide with the Easter holiday. Items will be shipped to two different platoons. Philoptochos drop box locations: blue bin in Church building & at Coffee hour. Monetary donations accepted and will be used to purchase needed items. Questions can be sent to jones_lisa@bah.com or by calling Lisa Jones at 443.621.6805. We thank you for your support!



****Great Lent begins February 23rd!** The latest edition of our cookbook, **Kali Orexi IV** includes many recipes perfect for this time of year. You'll find new ideas for dinner and sweets that fit Lenten guidelines. Stop by our table in the Hermes Rafailides Center during coffee hour or contact Mary Triandafilou, 410.528.1589 for your copy of Kali Orexi IV.

2015

Save The Dates ~ Lenten Speaker Series with special guest Elissa Bjeletich, Sunday School Director, Author & mother of five, sponsored by the Saint Demetrios Library Ministry and the Saint Demetrios Ladies Philoptochos:

****Saturday, March 7th** ~ **The Craig John Arambiges Memorial Lecture**, beginning at 9:30 am in the Hermes Rafailides Center, Elissa's presentation: "Living in the Scriptures, The Orthodox Story". For more lecture information, please contact Mary Triandafilou, 410.528.1589.

****Sunday, March 8th** ~ **Father Lou Noplos invites you to join him for 'My Ladies Luncheon'** Elissa will present, "The Life Giving Cross -Youth, Marriage, Parenting & Caregiving", sponsored by the Saint Demetrios Ladies Philoptochos Society and held at the Towson Country Club. **For more luncheon information and tickets (\$35pp lunch & presentation incl.), see Denise Poletis at coffee hour or call 443.841.2833.**



****We invite you to become a Philoptochos Member or Associate Member (for the men in our community)** Pick up a Membership Form at the Narthex Table and return it to the church office. Attention 'Philoptochos Membership' on the envelope. Please specify "Philoptochos Stewardship" on the memo line of your check. For more information contact the Membership Committee, Thorina Trintis 410.866.2127 or Violette Cocoros 410.256.6283. Remember that \$22 of your donation will be applied to your National and Metropolis membership, while the remainder will be used to support the various local charity projects, such as Beans & Bread, Ronald McDonald House, School children's needs and the Baltimore Rescue Mission.



February is 'Heart Health' Month. Read more about your heart health. Pick up an American Heart Association flyer from the Narthex table.



****Saint Nicholas National Shrine at Ground Zero** ~ Thank you to those who have already made a donation to this important Christian Orthodox project! Our first installment has been sent for our chapter from member contributions and we are well on our way to achieving 100% participation from our Saint Demetrios chapter members, family and friends. National Philoptochos is asking each of the 27,000 Philoptochos members along with our family and friends, to contribute \$100 per person, to make a total Philoptochos commitment of more than \$2 million towards this worthy project. Please direct your donation to 'Saint Demetrios Philoptochos' and specify in the memo line on the check to earmark for the 'Saint Nicholas Shrine'. The chapter liaison to National Philoptochos for this project is Margo Lambros, our Assistant Treasurer. When making your donation please put "attention: Margo Lambros" on the envelope. Saint Nicholas National Shrine will be the only religious structure at Ground Zero and it will be ORTHODOX.



Father Lou Noplos Invites You
to Attend the 32nd Annual

"My Ladies Luncheon"
Sponsored by
Saint Demetrios Ladies Philoptochos

Sunday, March 8th, 2015 at 1:00 p.m.
Towson Golf and Country Club
12801 Stone Hill Road
Phoenix MD 21131

Guest Speaker:
Elissa Bjeletich
Sunday School
Director,
Author,
Mother of 5



Presenting: "The Life Giving Cross...
Youth, Marriage, Parenting, & Caregiving"

Ticket Donation: \$35

Purchase tickets during coffee hour or contact
Denise Poletis 443.841.2833,
dpoletis@gmail.com.

**Please indicate your choice of crab cake or
eggplant parmesan**

Proceeds will benefit the many wonderful
Philoptochos ministries.